




# WS/FCS BREAKFAST - FEBRUARY 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Whole Grain Chicken Biscuit OR Assorted Cereal w/ String Cheese  100% Orange/Pineapple Juice Low-fat Milk Selections	2 Whole Grain Breakfast Bagel OR Assorted Cereal w/ String Cheese  100% Apple Juice Low-fat Milk Selections	3 Whole Grain Mini Pancakes OR Assorted Cereal w/ String Cheese  100% Fruit Punch Low-fat Milk Selections
6 French Toast Sticks w/ Syrup OR Assorted Cereal w/ String Cheese  100% Orange/Pineapple Juice Low-fat Milk Selections	7 Whole Grain Sausage Biscuit OR Assorted Cereal w/ String Cheese  100% Apple Juice Low-fat Milk Selections	8 Whole Grain Mini Cinnis OR Assorted Cereal w/ String Cheese  100% Fruit Punch Low-fat Milk Selections	9 Whole Grain Ham Biscuit OR Assorted Cereal w/ String Cheese  100% Orange/Pineapple Juice Low-fat Milk Selections	10 Whole Grain Pancake Pup OR Assorted Cereal w/ String Cheese  100% Apple Juice Low-fat Milk Selections
13 Whole Grain Egg and Cheese Biscuit OR Assorted Cereal w/ String Cheese  100% Apple Juice Low-fat Milk Selections	14 Whole Grain Breakfast Pizza OR Assorted Cereal w/ String Cheese  100% Fruit Punch Low-fat Milk Selections	15 Whole Grain Chicken Biscuit OR Assorted Cereal w/ String Cheese  100% Orange/Pineapple Juice Low-fat Milk Selections	16 Whole Grain Breakfast Bagel OR Assorted Cereal w/ String Cheese  100% Apple Juice Low-fat Milk Selections	17 Whole Grain Mini Pancakes OR Assorted Cereal w/ String Cheese  100% Fruit Punch Low-fat Milk Selections
20  NO SCHOOL STUDENTS	21 Whole Grain Sausage Biscuit OR Assorted Cereal w/ String Cheese  100% Apple Juice Low-fat Milk Selections	22 Whole Grain Mini Cinnis OR Assorted Cereal w/ String Cheese  100% Fruit Punch Low-fat Milk Selections	23 Whole Grain Ham Biscuit OR Assorted Cereal w/ String Cheese  100% Orange/Pineapple Juice Low-fat Milk Selections	24 Whole Grain Pancake Pup OR Assorted Cereal w/ String Cheese  100% Apple Juice Low-fat Milk Selections
27 Whole Grain Egg and Cheese Biscuit OR Assorted Cereal w/ String Cheese  100% Apple Juice Low-fat Milk Selections	28 Whole Grain Breakfast Pizza OR Assorted Cereal w/ String Cheese  100% Fruit Punch Low-fat Milk Selections	29 Whole Grain Chicken Biscuit OR Assorted Cereal w/ String Cheese  100% Orange/Pineapple Juice Low-fat Milk Selections	 <p><b>LOCALLY FRESH THIS MONTH:</b> Squash, Tomatoes, Cucumbers, Apples &amp; Sweet Potatoes! Fresh Fruit offered EVERY day!</p>	

## HIGH SCHOOL MENUS ALSO INCLUDE:

- MONDAY:** Whole Grain Chicken Biscuits, Pancake Pup, Crunchmania, Fresh Orange
- TUESDAY:** Breakfast Bagel, Whole Grain Egg & Cheese Biscuits, Crunchmania, Fresh Apple
- WEDNESDAY:** Whole Grain Ham Biscuits, French Toast Sticks, Crunchmania, Fresh Banana
- THURSDAY:** Whole Grain Steak Biscuits, Breakfast Pizza, Crunchmania, Fresh Orange
- FRIDAY:** Whole Grain Sausage Biscuits, Whole Grain Mini Cinnis, Crunchmania, Fresh Apple