

Menu

SPARTANBURG COUNTY ELEMENTARY SCHOOLS BREAKFAST MENU AUGUST 2010

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
Breakfast Pizza Assorted Cold Cereal Cinnamon Brown Sugar Oatmeal Assorted Fruit Juice Milk	Whole Grain Chicken Biscuit Assorted Cold Cereal Baked Tater Tots Assorted Fruit Juice Milk	French Toast Sticks/Sausage Assorted Cold Cereal Scrambled Eggs Mandarin Oranges Milk	Whole Grain Biscuit & Gravy Assorted Cold Cereal Baked Tater Tots Assorted Fruit Juice Milk	Whole Grain Sausage Biscuit Assorted Cold Cereal Grits Assorted Fruit Juice Milk
23	24	25	26	27
Whole Grain Toasted Ham & Cheese Assorted Cold Cereal Cinnamon Brown Sugar Oatmeal Chilled Pears Milk	Scrambled Eggs with Whole Wheat Toast Assorted Cold Cereal Cheese Grits Assorted Fruit Juice Milk	Pancakes/Syrup with Sausage Assorted Cold Cereal Baked Tater Tots Assorted Fruit Juice Milk	Whole Grain Egg & Cheese Biscuit Assorted Cold Cereal Grits Assorted Fruit Juice Milk	Whole Grain Biscuit & Gravy Assorted Cold Cereal Polato Triangles Assorted Fruit Juice Milk
30	31			
Breakfast Pizza Assorted Cold Cereal Grits Assorted Fruit Juice Milk	Whole Grain Chicken Biscuit Assorted Cold Cereal Baked Tater Tots Applesauce Milk			

In accordance with Federal Law and U.S. Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. (Not all prohibited basis apply to all programs)
To file a complaint of discrimination, write U.S.D.A., Director, Office of Civil Rights, Room 326-w, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202)720-5964 (voice and TTD). U.S.D.A. is an equal opportunity provider and employer.



Menu

SPARTANBURG COUNTY ELEMENTARY SCHOOLS LUNCH MENU AUGUST 2010

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9	10	11	12	13
16 Meatloaf with Cornbread Hamburger/Whole Grain Bun Chicken Salad Plate/Crackers Baked Beans Sliced Tomato & Lettuce Oven Baked Fries Fresh Red Grapes	17 Salisbury Steak with Whole Wheat Roll Cheese Sticks/Marinara Tuna Salad Plate/Crackers Mashed Potatoes/Brown Gravy Marinated Tomato/Cucumber Black Eyed Peas Chilled Peaches	18 Baked Chicken with Brown Rice Baked Corn Dog Turkey Chef Salad Local Baked Sweet Potato Steamed Local Cabbage Baked Apples Fresh Orange Smiles	19 Whole Grain Spaghetti/Italian Meatsauce & Whole Wheat Garlic Sticks Grilled Chicken Sandwich Ham Chef Salad Crispy Garden Salad Ranch Potatoes Broccoli & Carrots Pineapple Cup	20 Brown Sugar Glazed Ham with Whole Wheat Roll Whole Grain Baby Sub Wrap Chicken Strip Salad Macaroni & Cheese Glazed Carrots Green Beans Peach Crisp Fresh Watermelon or Pineapple
23 Whole Grain BBQ Pork Riblet Whole Grain Cheese Pizza Fruit Salad with Yogurt Cole Slaw Baked French Fries Normandy Vegetables Fresh Petite Banana	24 Lasagna with Garlic Bread Whole Grain Cheese Sticks Turkey Stacker Fresh Spinach Salad Baby Carrots Steamed Broccoli Fresh Cantaloupe	25 Mandarin Orange Chicken Salad/Oriental Fried Rice Pulled BBQ Pork/Whole Grain Chicken Strip Salad Ranch Potatoes Green Peas Pineapple Quick Crisp Fresh Apple	26 Whole Grain Beef Taco Chicken Fajitas Ham & Cheese Chef Salad Black Bean & Corn Salad Pinto Beans Sliced Lettuce & Tomato Orange Smiles	27 Chicken Tenders with Whole Wheat Roll Whole Grain Sloppy Joe Turkey Chef Salad Mashed Potatoes/Gravy Green Beans Chilled Peaches Pears
30 BBQ Chicken/Whole Grain Bun Hot Dog/Chili on Whole Grain Chicken Strip Salad Baked Tater Tots Cole Slaw Baked Beans Watermelon or Pineapple	31 Cheesy Chicken & Brown Rice Hamburger/Whole Grain Bun Whole Grain Turkey & Cheese Panini Crispy Garden Salad Steamed Broccoli Whole Kernal Corn Rosy Applesauce			

Choice of Milk Offered Daily

