





## SPARTANBURG COUNTY DISTRICT SEVEN SCHOOLS ELEMENTARY BREAKFAST IN THE CLASSROOM MENU JANUARY 2012

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL	3 Yogurt/Cereal Bar 🍴 Assorted Fruit Juice Milk	4 Pancake Pup Animal Crackers Mandarin Oranges Milk	5 Ham/Cheese Sandwich 🍴 Potato Triangles Assorted Fruit Juice Milk	6 WG Chicken Biscuit 🍴 Chilled Peaches Milk
9 Ham/Cheese Sandwich 🍴 Potato Triangles Assorted Fruit Juice Milk	10 Breakfast Pizza Potato Triangles Assorted Fruit Juice Milk	11 WG Chicken Biscuit 🍴 Chilled Peaches Assorted Fruit Juice Milk	12 Cheese Maxx Sticks 🍴 Petite Banana Assorted Fruit Juice Milk	13 Yogurt/Cereal Bar 🍴 Mandarin Oranges Milk
16 NO SCHOOL	17 Sausage/Egg Biscuit 🍴 Assorted Fruit Juice Milk	18 Yogurt/Cereal Bar 🍴 Assorted Fruit Juice Milk	19 Pancake Pup Animal Crackers Mandarin Oranges Milk	20 WG Chicken Biscuit 🍴 Chilled Peaches Milk
23 Yogurt/Cereal Bar 🍴 Chilled Peaches Milk	24 Egg/Cheese English Muffin 🍴 Mandarin Oranges Milk	25 Breakfast Pizza Potato Triangle Assorted Fruit Juice Milk	26 WG Chicken Biscuit 🍴 Chilled Peaches Assorted Fruit Juice Milk	27 Cheese Maxx Sticks 🍴 Petite Banana Assorted Fruit Juice Milk
30 Egg/Cheese English Muffin 🍴 Mandarin Oranges Milk	31 Breakfast Pizza Potato Triangles Assorted Fruit Juice Milk			

Choice of Lowfat or Skim Milk Offered Daily



## SPARTANBURG COUNTY DISTRICT SEVEN SCHOOLS ELEMENTARY LUNCH MENU JANUARY 2012

2 NO SCHOOL	3 WG BBQ Pork Riblet 🍴 WG Hamburger 🍴 Fruit & Salad/Yogurt  Tomato & Lettuce Corn Baked French Fries Fresh from the Garden	4 Chicken Fajitas WG Pepperoni Pizza 🍴 Chicken Salad Wrap  Roasted Vegetables Crispy Wild Greens Salad Fresh Tangerine Fresh from the Garden	5 Cheesy Nachos/Beef 🍴 Hot Dog/Chili 🍴 Tuna Salad Plate  Baked Potato Wedges Homestyle Pinto Beans Chilled Peaches Fresh from the Garden	6 Roast Pork Chicken Nuggets Chicken Salad on Lettuce  Macaroni & Cheese 🍴 Collard Greens Cornbread Fresh from the Garden
9 <i>Cleveland Ele. YAC Menu</i> Baked Chicken Tenders WG Beef Taco 🍴 WG Cheese Pizza 🍴 Baked Tater Tots Broccoli & Cheese Green Beans WG Breadstick 🍴 Fresh from the Garden	10 WG Chicken Quesadilla 🍴 Cheese Sticks/Marinara 🍴 Taco Salad  Cole Slaw 🍴 Black Bean & Corn Salad 🍴 Spanish Rice 🍴 Fresh from the Garden	11 French Toast Sticks/Sausage 🍴 WG Egg & Cheese Biscuit 🍴 Ham & Cheese Wrap  Potato Triangles Orange Smiles Baked Apples Fresh from the Garden	12 Chicken Filet 🍴 Pulled BBQ Pork Sandwich 🍴 Turkey Chef Salad  Sweet Potato Crinkles Navy Beans Fresh Tangerine Fresh from the Garden	13 Baked Corn Dog WG Chicken Pot Pie 🍴 Ham & Cheese Chef Salad  Fresh Spinach Salad 🍴 Steamed Squash 🍴 Baked Tater Tots Fresh from the Garden
16 NO SCHOOL	17 Chicken Nuggets Country Style Steak Chef Salad/Cheese  Mashed Potatoes/Gravy Green Beans WW Roll 🍴 Fresh from the Garden	18 Baked Chicken Cheese Sticks/Marinara 🍴 Tuna Salad Plate  Corn Fresh Spinach Salad 🍴 WW Roll 🍴 Fresh from the Garden	19 Baked Pork Chop/Gravy Baked Corn Dog Baby Sub Sandwich  Brown Rice 🍴 Blackeyed Peas Candied Apples Fresh from the Garden	20 WG Hamburger 🍴 WG Fish Sandwich/Cheese 🍴 Fruit Salad/Cheese  Baked Beans Baked Tater Tots Chilled Peaches Fresh from the Garden
23 Cheesy Nachos/Beef WG Chicken Pot Pie 🍴 Chef Salad/Cheese  Brown Rice 🍴 Homestyle Pinto Beans Glazed Sweet Potatoes 🍴 Fresh from the Garden	24 Open Pepperoni Sandwich 🍴 WG Chicken Salad Sandwich 🍴 Honey Mustard Ham Wrap 🍴  Fresh Spinach Salad 🍴 Seasoned Corn Baked Apples Fresh from the Garden	25 WG Beef Taco 🍴 WG Chicken Quesadilla 🍴 Chicken Nuggets Salad  Spanish Rice Glazed Carrots Warm Fresh Muffin Fresh from the Garden	26 Chicken Filet Sandwich 🍴 Toasted Cheese Sandwich 🍴 Ham Chef Salad  Baked French Fries Cole Slaw 🍴 Peach Crisp Fresh from the Garden	27 Cheese Sticks/Marinara 🍴 WG Vegetable Lasagna Turkey Chef Salad  Crispy Wild Greens Salad WW Garlic Sticks 🍴 Navy Beans Fresh from the Garden
30 <i>Pine Street YAC Menu</i> Chicken Nuggets Cheesy Nachos/Chili Cheese Sticks/Marinara 🍴  Crispy Wild Greens Salad Seasoned Corn Baked Tater Tots Fresh from the Garden	31 Pulled BBQ Pork Sandwich Hot Dog/Chili 🍴 Chicken Ranch Wrap 🍴  Baked Beans Cole Slaw 🍴 Baked Tater Tots Fresh from the Garden	<div style="border: 2px solid black; padding: 10px; text-align: center;"> <p><i>In January we feature the following local fruits and vegetables weather permitting: <b>Cabbage, Cabbage Slaw, Mustard Greens, Turnip Greens, Sweet Potatoes, Apples, Broccoli, Butternut Squash, Kale and Spinach.</b></i></p>   </div>		

Choice of Lowfat or Skim Milk Offered Daily



"Fresh from the Garden" offers a variety of fresh fruits and vegetables daily to the students we serve. Students take the food they want, consume all the food they take and can come back for more from the "Fresh from the Garden" selections.