

## Elementary Breakfast Menu

Research shows that students who eat breakfast daily have better attendance, achieve higher test scores, and have fewer behavioral problems in the classroom. Students who qualify for free or reduced lunch automatically qualify for free or reduced breakfast. What a great way to start off your child's day!!!

MONDAY(s)	TUESDAY(s)	WEDNESDAY(s)	THURSDAY(s)	FRIDAY(s)
Choose One: Asst. Cereal with Graham Cracker, or Yogurt or Bagel/Cr. Cheese, or Blueberry Muffin w/ Graham Cracker, or <b>Breakfast            Burrito</b> PLUS: 100% Juice or Fresh Fruit Choice of lowfat Milk	Choose One: Asst. Cereal with, Graham Cracker, or Yogurt or Bagel/Cr. Cheese, or Blueberry Muffin w/ Graham Cracker, or <b>Pancakes &amp;            Sausage Patty</b> PLUS: 100% Juice or Fresh Fruit Choice of low fat Milk	Choose One: Asst. Cereal with Graham Cracker, or Yogurt or Bagel/Cr. Cheese, or Blueberry Muffin w/ Graham Cracker, or <b>Hot Breakfast            Sandwich</b> (English muffin, egg patty and Cheese) PLUS: 100% Juice or Fresh Fruit Choice of low fat Milk	Choose One: Asst. Cereal with Graham Cracker, or Yogurt or Bagel/Cr. Cheese, or Blueberry Muffin w/ Graham Cracker, or <b>French Toast Sticks            &amp; Sausage Patty</b> PLUS: 100% Juice or Fresh Fruit Choice of low fat Milk	Choose One: Asst. Cereal with Graham Cracker, or Yogurt or Bagel/Cr. Cheese, or Blueberry Muffin w/ Graham Cracker, or <b>Waffles and            Sausage Patty</b> PLUS: 100% Juice or Fresh Fruit Choice of low fat Milk

Your USDA Breakfast will include: 2 Bread and Grain items OR 1 Bread item & 1 Protein item PLUS 4 ounces 100% Fruit Juice OR Fresh Fruit plus 8 ounces of milk. Bread choice could include...animal crackers or graham crackers.

### Breakfast Prices:

Breakfast is \$1.25,

Reduced Breakfast is \$0.30

Just a Milk is \$0.40

In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against write immediately to Dept. of Agriculture, Wash. DC 20250.