

Rochester Children's Summer Lunch Menu

August 2010

Cafeteria Hours:
Spaulding High School – 12:00 to 1:00

Food Services Director
Tom Tanner 332-0757 ext 246

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Parmesan Sandwich French Fries Apple	3 BBQ Riblet Sandwich Home-style Potato Salad Watermelon	4 Pizza Square w/ Assorted Toppings Veggie Sticks w/ Dip Orange Wedges	5 Bologna & Cheese on a Bulky Roll Carrot Snack Pack Fruit Juice	6 Chicken Patty on a Bun Potato Wedges Pineapple/Orange Salad
Also Available This Week:		Triple Decker P.B. & Fluff	Cheeseburger	Turkey & Cheese on a Bulky
9 Grilled Cheese Pretzels Celery Sticks Pudding w/Topping	10 Build-a-Burger Topping Bar Potato Chips Diced Pears	11 Cheese or Pepperoni Pizza Caesar Salad Fresh Fruit	12 Turkey, Lettuce, Tomato & Cheese on a Roll Apple Juice	13 BBQ Chicken Sandwich French Fries Frozen 100% Juice Bar
Also Available This Week:		Triple Decker P.B. & Jelly	Chicken Patty	Ham & Cheese Sub Chef Salad
16 Steamed Hot Dog on a Roll Baked Beans Orange Smiles	17 Chicken Nuggets w/ Dipping Sauces Vegetable Pasta Salad Applesauce	18 Pizza Square w/ Assorted Toppings Cucumber Slices w/ Dip Sliced Peaches	19 Ham and Cheese Italian on a Bulky Roll Carrot Snack Pack Fresh Fruit	20 Honey Mustard Chicken Caesar Salad Soft Pretzel Chilled Pineapple
Also Available This Week:		Triple Decker P.B. & Fluff	Cheeseburger	Popcorn Chicken Wrap Buffalo Chicken Salad
23 Beef Nachos w/ Cheese, Lettuce, Tomato & Salsa Fruit Punch	24 Chicken Caesar Wrap Pretzels Fruit Jell-O	25 Cheese or Pepperoni Pizza Garden Salad Diced Pears	26 American Cold Cut Sub (Bologna, Ham, Cheese, Pickles, Tomatoes, Lettuce) Apple Juice Carrot Snack Pack	27 Meatball Sub Vegetable Pasta Salad Mixed Fruit
Also Available This Week:		Triple Decker P.B. & Jelly	Chicken Patty	Tuna Salad Roll Garden Salad w/ Mild Cheddar Cheese

Meal Subject to change without notice.

Each meal offers a choice of Milk (1%, Chocolate, Skim)

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. (Not all prohibited bases apply to all programs. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.