



RCMS Breakfast Menu

Student Full Meal Price \$1.00, Reduced and Free Eligible Students
Eat For Free!, Adult Meal Price \$2.00

Monday

Warm Waffle Sticks with Syrup and a Sausage
Patty

Tuesday

Egg and Cheese on a Whole Wheat Bagel with an
Oven Hash Brown

Wednesday

Mini Pancakes with Syrup and Warm Fruit Topping

Thursday

Egg, Cheese and Sausage on an English Muffin

Friday

Warm French Toast Sticks with Syrup and Sausage
Patty

Daily Alternates May Include:

Low Sugar Cereal with Graham Crackers

Whole Wheat Bagel with Cream Cheese or Jelly

Fresh Baked Muffin with Graham Crackers

Trix Cereal Bar with Graham Crackers