

# Horlick & Park High School January 30-February 3



Station	Monday 1/30	Tuesday 1/31	Wednesday 2/1	Thursday 2/2	Friday 2/3
	Salisbury Steak  Whipped Potatoes  Broccoli  Dinner Roll	Baked Mostaccioli  Served With  Corn	Country Style Steak  Whipped Potatoes  Sweet Peas  Dinner Roll	Chicken Parmesan Bowl  Served With Whole Grain Noodles  Mixed Vegetables	Burrito Bar  Beef or Chicken  Refried Beans
 <small>Cheese Pizza Available Daily</small>	Pepperoni Pizza  Hawaiian Pizza	Three Cheese Pizza  Veggie Pizza	Buffalo Pizza  Sausage Pizza	Cheeseburger Pizza  Chicken Fajita Pizza	Pepperoni Pizza  BBQ Chicken
 <small>Whole Grain Chicken Patty or Cheeseburger on a Bun Available Daily</small>	Grilled Chicken Sandwich  Combo'd with  Whipped Potatoes	BBQ Rib Sandwich  Combo'd with  Corn	Buffalo Chicken Sandwich  Combo'd with  Sweet Peas	BBQ Beef Sandwich  Combo'd with  Mixed Vegetables	Hot Dog  Combo's with  Potato Wedges
 <small>Assorted Meats, Cheese, Vegetable Toppings, Breads &amp; Wraps including Whole Grain Options Available Daily</small>	Made to Order Sandwiches  Egg Salad  Sliced Chicken Patty	Made to Order Sandwiches  Tuna Salad  Seasoned Diced Chicken	Made to Order Sandwiches  Egg Salad  Chicken Ceasar Salad or Wrap	Made to Order Sandwiches  Chicken Sandwich  Sliced Chicken Salad	Made to Order Sandwiches  Tuna Salad  Hummus
	Beef or Chicken Nachos  Hard or Soft Beef or Chicken Tacos  Cilantro Brown Rice Corn	Beef or Chicken Nachos  Hard or Soft Beef or Chicken Tacos  Cilantro Brown Rice Refried Beans	Beef or Chicken Nachos  Hard or Soft Beef or Chicken Tacos  Cilantro Brown Rice Corn	Beef or Chicken Nachos  Hard or Soft Beef or Chicken Tacos  Cilantro Brown Rice Refried Beans	Beef or Chicken Nachos  Hard or Soft Beef or Chicken Tacos  Cilantro Brown Rice Corn
	Croque Monsieur Ham Panini  Combo'd with  Whipped Potatoes	Arizona Chicken Panini  Combo'd with  Potato Rounds	Ham & Cheese Panini  Combo'd with  Sweet Peas	Turkey & Cheddar Panini  Combo'd with  Mixed Vegetables	Buffalo Chicken Panini  Combo'd with  Potato Wedges
	Romaine Salad  Sliced Peaches  Fresh Apple Broccoli Salad	Fresh Cut Carrots  Sliced Pears  Fresh Orange Asian Cucumber Salad	Romaine Salad  Pineapple  Banana Celery Sticks	Fresh Cut Carrots  Mixed Fruit  Fresh Apple Sweet & Sour Coleslaw	Spinach Salad  Apple Sauce  Strawberries Southwest Corn & Black Beans Salsa
 <small>Fresh Food Fast</small>	<b>Ham Chef Salad, Chicken Chef Salad, Garden Salad, Fruit and Yogurt Parfait, Peanut Butter &amp; Jelly</b>				
<b>Food Focus Brown Rice</b>		Skim White Milk or Skim Chocolate Milk is offered with all meals		Lunch Price \$2.45 Paid or \$.40 Reduced Meal Milk 1/2 pint \$ .35  Menu Subject to Change Without Notice	

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Horlick & Park High School February 6-11



Station	Monday 2/6	Tuesday 2/7	Wednesday 2/8	Thursday 2/9	Friday 2/10
	<b>Popcorn Chicken Bowl</b>  Served With  Corn &  Whipped Potatoes	<b>Mostaccioli w/Meat Sauce</b>  Served With  Broccoli	<b>Breakfast Bar</b>  Served With  Potato Rounds	<b>Turkey &amp; Gravy</b>  Served With Sweet Peas,  Whipped Potatoes &  Corn Bread Dressing	<b>Made to Order Wild Greens Salad</b>  Served With  Soft Breadsticks
 Cheese Pizza Available Daily	<b>Pepperoni Pizza</b>  <b>Hawaiian Pizza</b>	<b>Three Cheese Pizza</b>  <b>Veggie Pizza</b>	<b>Buffalo Pizza</b>  <b>Sausage Pizza</b>	<b>Cheeseburger Pizza</b>  <b>Chicken Fajita Pizza</b>	<b>Pepperoni Pizza Pizza</b>  <b>Taco Pizza</b>
 Whole Grain Chicken Patty or Cheeseburger on a Bun Available Daily	<b>Spicy Chicken Sandwich</b>  Combo'd with  Whipped Potatoes	<b>Chicken Parmesan Sandwich</b>  Combo'd with  Broccoli	<b>Hot Dog</b>  Combo'd with  Potato Rounds	<b>Buffalo Chicken</b>  Combo'd with  Whipped Potatoes	<b>Meatball Bomber</b>  Combo'd with  Corn
 Assorted Meats, Cheese, Vegetable Toppings, Breads & Wraps including Whole Grain Options Available Daily	<b>Made to Order Sandwiches</b>  <b>Egg Salad</b>  <b>Sliced Chicken Patty</b>	<b>Made to Order Sandwiches</b>  <b>Tuna Salad</b>  <b>Seasoned Diced Chicken</b>	<b>Made to Order Sandwiches</b>  <b>Egg Salad</b>  <b>Chicken Ceasar Salad or Wrap</b>	<b>Made to Order Sandwiches</b>  <b>Chicken Salad</b>  <b>Sliced Chicken Patty</b>	<b>Made to Order Sandwiches</b>  <b>Tuna Salad</b>  <b>Hummus</b>
	<b>Beef or Chicken Nachos</b>  Hard or Soft Beef or Chicken Tacos Cilantro Brown Rice Corn	<b>Beef or Chicken Nachos</b>  Hard or Soft Beef or Chicken Tacos Cilantro Brown Rice Refried Beans	<b>Beef or Chicken Nachos</b>  Hard or Soft Beef or Chicken Tacos Cilantro Brown Rice Corn	<b>Beef or Chicken Nachos</b>  Hard or Soft Beef or Chicken Tacos Cilantro Brown Rice Refried Beans	<b>Beef or Chicken Nachos</b>  Hard or Soft Beef or Chicken Tacos Cilantro Brown Rice Corn
	<b>Three Cheese Panini</b>  Combo'd with  Whipped Potatoes	<b>Ham &amp; Turkey Panini</b>  Combo'd with  Broccoli	<b>Ham &amp; Cheddar Panini</b>  Combo'd with  Potato Rounds	<b>Patty Melt</b>  Combo'd with  Whipped Potatoes	<b>Peppercorn Chicken Panini</b>  Combo'd with  Corn
	<b>Romaine Salad</b>  <b>Sliced Peaches</b>  <b>Fresh Apple Broccoli &amp; Cauliflower Florets</b>	<b>Fresh Cut Carrots</b>  <b>Sliced Pears</b>  <b>Orange Cucumber &amp; Tomato Salad</b>	<b>Romaine Salad</b>  <b>Pineapple</b>  <b>Banana</b>  <b>Celery Sticks</b>	<b>Fresh Cut Carrots</b>  <b>Mixed Fruit</b>  <b>Fresh Apple</b>  <b>Cherry Tomatoes</b>	<b>Spinach Salad</b>  <b>Applesauce</b>  <b>Strawberries</b>  <b>Confetti Coleslaw</b>
 Fresh Food Fast	<b>Ham Chef Salad, Chicken Chef Salad, Garden Salad, Fruit and Yogurt Parfait, Peanut Butter &amp; Jelly</b>				
<b>Food Focus</b> <b>Low-Fat Yogurt</b>		Skim White Milk or Skim Chocolate Milk is offered with all meals		Lunch Price \$2.45 Paid or \$.40 Reduced Meal Milk 1/2 pint \$ .35  Menu Subject to Change Without Notice	

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Horlick & Park High School February 13-17



Station	Monday 2/13	Tuesday 2/14	Wednesday 2/15	Thursday 2/16	Friday 2/17
PLAY BOWL! Whole Grain Chicken Patty or Cheeseburger on a Bun Available Daily	Country Fried Steak Served With Country Gravy Whipped Potatoes & Mixed Vegetables Whole Grain Dinner Roll	Popcorn Chicken Bowl Served With Whipped Potatoes Corn	BBQ Rib Bowl Served With Collard Greens Cheesy Grits	Chicken & Gravy Served With Whipped Potatoes Sweet Peas Whole Grain Dinner Roll	Loaded Potatoes-Beef or Chicken With Served With California Blend & Whole Grain Dinner Roll
CRUST & STUFF Cheese Pizza Available Daily	Pepperoni Pizza Hawaiian Pizza	Three Cheese Pizza Veggie Pizza	Buffalo Pizza Sausage Pizza	Cheeseburger Pizza Chicken Fajita Pizza	Pepperoni Pizza Chicken Alfredo
Grab a Stack! Whole Grain Chicken Patty or Cheeseburger on a Bun Available Daily	Hot Dog Combo'd with Whipped Potatoes	Grilled Chicken Sandwich Combo'd with Corn	Ham & Cheese on Pretzel Bun Combo'd with Collard Greens	Spicy Chicken Sandwich Combo'd with Whipped Potatoes	Buffalo Chicken Sandwich Combo'd with Potato Wedges
Ready, Set, Deli Assorted Meats, Cheese, Vegetable Toppings, Breads & Wraps including Whole Grain Options Available Daily	Made to Order Sandwiches Egg Salad Sliced Chicken Patty	Made to Order Sandwiches Tuna Salad Seasoned Diced Chicken	Made to Order Sandwiches Egg Salad Chicken Ceasar Salad or Wrap	Made to Order Sandwiches Chicken Salad Sliced Chicken Patty	Made to Order Sandwiches Tuna Salad Hummus
CASA AMIGOS	Beef or Chicken Nachos Hard or Soft Beef or Chicken Tacos Cilantro Brown Rice Corn	Beef or Chicken Nachos Hard or Soft Beef or Chicken Tacos Cilantro Brown Rice Refried Beans	Beef or Chicken Nachos Hard or Soft Beef or Chicken Tacos Cilantro Brown Rice Corn	Beef or Chicken Nachos Hard or Soft Beef or Chicken Tacos Cilantro Brown Rice Refried Beans	Beef or Chicken Nachos Hard or Soft Beef or Chicken Tacos Cilantro Brown Rice Corn
TORST POST	Turkey & Cheese Panini Combo'd with Whipped Potatoes	Croque Monsieur Panini Combo'd with Corn	Arizona Chicken Panini Combo'd with Collard Greens	Ham & Cheese Panini Combo'd with Whipped Potatoes	Peanut Butter & Banana Panini Combo'd with Potato Wedges
EXTRA! EXTRA!	Romaine Salad Sliced Peaches Fresh Apple Celery Sticks	Fresh Cut Carrots Sliced Pears Orange Gardeneria Salad	Romaine Salad Pineapple Banana Marinated Cucumber & Tomato Salad	Fresh Cut Carrots Mixed Fruit Fresh Apple Cherry Tomatoes	Spinach Salad Applesauce Strawberries Broccoli & Califlower Florets
Outtakes Fresh Food Fast	Ham Chef Salad, Chicken Chef Salad, Garden Salad, Fruit and Yogurt Parfait, Peanut Butter & Jelly				
<b>Food Focus</b> <b>Low Fat Yogurt</b>		Skim White Milk or Skim Chocolate Milk is offered with all meals		Lunch Price \$2.45 Paid or \$.40 Reduced Meal Milk 1/2 pint \$ .35 Menu Subject to Change Without Notice	

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Horlick & Park High School Feb 20-24



Station	Monday 2/20	Tuesday 2/21	Wednesday 2/22	Thursday 2/23	Friday 2/24
<b>PLAY BOWL!</b>	<b>NO SCHOOL</b>	<b>Spicy Popcorn Chicken Bowl</b>  Served with Corn  Whole Grain Rice Pilaf	<b>Hot Dog Bar</b>  Served with  Potato Rounds	<b>Wild Greens Salad</b>  Served with  Soft Breadsticks	<b>Swedish Meatballs</b>  Served with Whole Grain Pasta  Sweet Peas
<b>CRUST &amp; STUFF</b>  Cheese Pizza Available Daily		<b>Veggie Pizza</b>  Three Cheese	<b>Buffalo Pizza</b>  Sausage Pizza	<b>Cheeseburger Pizza</b>  Chicken Fajita Pizza	<b>Pepperoni Pizza</b>  BBQ Chicken
<b>Grab a Stack!</b>  Whole Grain Chicken Patty or Cheeseburger on a Bun Available Daily		<b>Chicken Parmesan Sandwich</b>  Combo'd with:  Corn	<b>Meatball Bomber</b>  Combo'd with:  Potato Rounds	<b>Hot Ham &amp; Cheese on Pretzel Bun</b>  Combo'd with:  California Blend	<b>Hot Dog</b>  Combo'd with:  Sweet Peas
<b>Ready, Set, Deli</b>  Assorted Meats, Cheese, Vegetable Toppings, Breads & Wraps including Whole Grain Options Available Daily		<b>Made to Order Sandwiches</b>  Tuna Salad  Seasoned Diced Chicken	<b>Made to Order Sandwiches</b>  Egg Salad  Chicken Ceasar Salad or Wrap	<b>Made to Order Sandwiches</b>  Chicken Salad  Sliced Chicken Patty	<b>Made to Order Sandwiches</b>  Tuna Salad  Hummus
<b>CASA AMIGOS!</b>		<b>Beef or Chicken Nachos</b>  Hard or Soft Beef or Chicken Tacos Cilantro Brown Rice Refried Beans	<b>Beef or Chicken Nachos</b>  Hard or Soft Beef or Chicken Tacos Cilantro Brown Rice Corn	<b>Beef or Chicken Nachos</b>  Hard or Soft Beef or Chicken Tacos Cilantro Brown Rice Refried Beans	<b>Beef or Chicken Nachos</b>  Hard or Soft Beef or Chicken Tacos Cilantro Brown Rice Corn
<b>TOAST POST</b>		<b>Patty Melt Panini</b>  Combo'd with:  Corn	<b>Peppercorn Chicken Panini</b>  Combo'd with:  Potato Rounds	<b>Turkey &amp; Cheese Panini</b>  Combo'd with:  California Blend	<b>Croque Monsieur Ham Panini</b>  Combo'd with:  Sweet Peas
<b>EXTRA! EXTRA!</b>		<b>Fresh Cut Carrots</b>  Pears  Orange  Pico de Gallo	<b>Romaine Salad</b>  Pineapple  Banana Southwest Corn & Black Bean Salad	<b>Fresh Cut Carrots</b>  Mixed Fruit  Fresh Apple Gardeneria Mix	<b>Spinach Salad</b>  Apple Sauce  Strawberries Confetti Coleslaw
<b>Outtakes</b>  Fresh Food Fast	<b>Ham Chef Salad, Chicken Chef Salad, Garden Salad, Fruit and Yogurt Parfait, Peanut Butter &amp; Jelly</b>				
<b>Food Focus</b> <b>Low Fat Yogurt</b>		Skim White Milk or Skim Chocolate Milk is offered with all meals		Lunch Price \$2.45 Paid or \$.40 Reduced Meal Milk 1/2 pint \$ .35  Menu Subject to Change Without Notice	

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# Horlick & Park High School February 27-March 2

Station	Monday 2/27	Tuesday 2/28	Wednesday 2/29	Thursday 3/1
	Popcorn Chicken Bowl  Served With  Whipped Potatoes &  Corn	Parmesan Chicken Bowl  Served With  Whole Grain Noodles  Mixed Vegetables	Tex-Mex Chicken Salad	Mostaccioli W/Meat Sauce  Served With  Broccoli
  Cheese Pizza Available Daily	Pepperoni Pizza  Hawaiian Pizza	Three Cheese Pizza  Veggie Pizza	Buffalo Pizza  Sausage Pizza	Cheeseburger Pizza  Chicken Fajita Pizza
  Whole Grain Chicken Patty or Cheeseburger on a Bun Available Daily	BBQ Rib Sandwich  Combo'd with  Whipped Potatoes	Buffalo Chicken Sandwich  Combo'd with  Mixed Vegetables	Grilled Chicken Sandwich  Combo'd with  Corn	Hot Dog  Combo'd with  Broccoli
  Assorted Meats, Cheese, Vegetable Toppings, Breads & Wraps including Whole Grain Options Available Daily	Made to Order Sandwiches  Egg Salad  Sliced Chicken Patty	Made to Order Sandwiches  Tuna Salad  Seasoned Diced Chicken	Made to Order Sandwiches  Egg Salad  Chicken Ceasar Salad or Wrap	Made to Order Sandwiches  Chicken Salad  Sliced Chicken Patty
	Beef or Chicken Nachos  Hard or Soft Beef or Chicken Tacos  Cilantro Brown Rice Corn	Beef or Chicken Nachos  Hard or Soft Beef or Chicken Tacos  Cilantro Brown Rice Refried Beans	Beef or Chicken Nachos  Hard or Soft Beef or Chicken Tacos  Cilantro Brown Rice Corn	Beef or Chicken Nachos  Hard or Soft Beef or Chicken Tacos  Cilantro Brown Rice Refried Beans
	Arizon Chicken Panini  Combo'd with  Whipped Potatoes	Ham & Cheese Panini  Combo'd with  Mixed Vegetables	Turkey & Cheese Panini  Combo'd with  Corn	Buffalo Chicken Panini  Combo'd with  California Blend
	Romaine Salad  Peaches  Apple  Celery Sticks	Fresh Cut Carrots  Pears  Orange Marinated Cucumber & Tomato Salad	Romaine Salad  Pineapple  Banana Southwest Corn & Black Bean Salad	Fresh Cut Carrots  Mixed Fruit  Fresh Apple  Pico de Gallo
  Fresh Food Fast	Ham Chef Salad, Chicken Chef Salad, Garden Salad, Fruit and Yogurt Parfait, Peanut Butter			
<b>Food Focus</b> <b>Low Fat Yogurt</b>		Skim White Milk or Skim Chocolate Milk is offered with all meals		Lunch Price \$2.45 Paid Milk 1/2 pint \$  Menu Subject to Change

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<b>Friday 3/2</b>
<b>Loaded Potatoes</b>  <b>Beef or Chicken</b>  <b>California Blend</b>  <b>Whole Grain Dinner Roll</b>
<b>Pepperoni Pizza</b>  <b>Chicken Brushetta Pizza</b>
<b>Spicy Chicken Sandwich</b>  <b>Combo'd with</b>  <b>California Blend</b>
<b>Made to Order Sandwiches</b>  <b>Tuna Salad</b>  <b>Hummus</b>
<b>Beef or Chicken Nachos</b>  <b>Hard or Soft Beef or Chicken Tacos</b> <b>Cilantro Brown Rice</b> <b>Corn</b>
<b>Tuna &amp; Cheese Panini</b>  <b>Combo'd with</b>  <b>Sweet Peas</b>
<b>Spinach Salad</b>  <b>Applesauce</b>  <b>Strawberries</b> <b>Sweet &amp; Sour Coleslaw</b>
<b>Butter &amp; Jelly</b>
All or \$1.40 Reduced Meal .35  Please Without Notice