

August 5, 2009

Dear Ottawa School District, Ottawa Students, Parents, and School Community:

The beginning of the school year is approaching, and we want to extend a warm welcome to let you know that **Chartwells School Dining Services** has exciting plans for your school meal programs. Our mission is to serve nutritious, well-balanced meals that appeal to our students and school community! We understand that although change is good, it is not without challenges - we will do our best to address any questions and concerns that may arise. Here is some general information that will be helpful to begin the new school year:

Meal Prices:

	Breakfast	Lunch
Paid elementary / secondary	\$ 1.25 / \$ 1.30	\$2.05 / \$2.15
Reduced	\$.30	\$.40
Adult	\$1.70	\$2.95

Milk is available with all meals. All 8 oz. cartons are \$.35

Meals can be paid for online at ezschoolpay.com OR just check your student’s account balance..(will need student ID# from school office.

Menus:

You may see gradual changes with the menu, choices, and food presentation at all schools. We will be working with administrators, students, and parents to gain insight on how we can enhance our services. Menus are posted at the schools everyday, on newsletters and on usd290.org website under menu tab.

Elementary Meal Programs:

For the elementary students, we will be following an adventure of fun and nutrition education with the help of Theodore Eat, Sydney Learn and Ava Live – our nutrition characters who encourage students to eat healthy and be physically active. Watch for these characters on menus and signs throughout the cafeterias - they are our nutrition ambassadors! Be sure to check menus for special promotions, giveaways and nutrition information!

Middle and High School Meal Programs:

We understand that older students have a more sophisticated pallet, so we’ve planned appropriate enhancements to meet their needs. Here are a few highlights:

- Our food stations include: <pizza, sandwiches, wrap, see menus for details!
- Additionnl offerings such as increased whole grain items, items with reduced total fat and saturated fat, fresh fruits, and vegetables>

Balanced Choices:

Our goal is to *nourish* our students. With this in mind, we have developed **Balanced Choices®**, our signature comprehensive wellness program that identifies healthier meals, snacks and beverage choices. These will be identified by our Balanced Choices logo on menus and at points of service throughout the cafeterias.

Other Information:

To learn more about Chartwells, visit our website at www.eatlearnlive.com. We’re excited about our partnership with Ottawa School District and hope to provide a great program while being part of the Ottawa community.

Please feel free to contact us at any time at <Insert your e-mail address or contact information>.

Sincerely,

Marcia Servatius
 Director of Dining Services
 Chartwells School Dining Services