

Elementary Breakfast

FEBRUARY 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Even though yogurt is made from milk it has many more beneficial nutrients for you than milk. Try a yogurt and fruit parfait for breakfast.		1 BREAKFAST PIZZA Peaches, strawberries, & blueberries	2 YOGURT Whole Grain Biscuit PINEAPPLE	3 Whole grain PANCAKE SAUSAGE FRESH ORANGE
6 Whole grain CHEERIOS MUFFIN FRUIT COCKTAIL	7 Whole grain FRENCH TOAST STIX FRESH ORANGE	8 CHEESY BREAKFAST Whole grain PIZZA BAGEL CARROT RAISIN PINEAPPLE	9 BREAKFAST BURRITO Peaches, strawberries, & blueberries	10 Whole grain BISCUITS & GRAVY APPLE RINGS
13 Whole grain CEREAL CHEESE DREAM PINEAPPLE & BANANAS	14 BREAKFAST PIZZA TROPICAL FRUIT	15 YOGURT Whole Grain Biscuit PINEAPPLE	16 Whole grain PANCAKE SAUSAGE PEARS/Strawberries	17
20	21 Whole grain FRENCH TOAST STIX FRESH ORANGE	22 CHEESY BREAKFAST Whole grain PIZZA BAGEL MANDARIN & BANANAS	23 BREAKFAST BURRITO FRUIT COCKTAIL	24 Whole Grain BISCUITS & GRAVY CINNAMON APPLESAUCE
27 CEREAL Whole grain BAGEL FRESH ORANGE	28 Whole Grain BREAKFAST BURRITO TROPICAL FRUIT Grape Juice	29 BREAKFAST PIZZA CARROT RAISIN PINEAPPLE		START EACH AND EVERY DAY WITH BREAKFAST BE YOUR BEST IN THE CLASSROOM

Available Daily
Choice of: White skim milk & chocolate skim whole grain item served with each breakfast

Parent/Student Advisory
Parents: call Marcia Servatius 229-8150 if you are interested in attending a food advisory meeting

Breakfast/Lunch Prices
Student breakfast . . \$1.30
Student Lunch . . \$2.15
Reduced . . . \$.30
Adult \$1.70/3.15
Milk . . \$.35

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