

Ottawa School District

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Jan 4, 2012 thru Jan 31, 2012 Spreadsheet - Portion Values
After School Snacks elem

Jan 3, 2012

| | Portion Size | Plan Qty | Carb (g) |
|--------------------------|-----------------|-------------|-------------|
| Wed - 01/04/2012 | | | |
| After School Snacks elem | Total | 140 | |
| jungle crackers - 05 | 1pkg= 1oz serv. | 140 | 21.0 |
| Milk, Marcia's update #1 | 1/2 pt | 140 | 20.6 |
| Weighted Daily Average | | | 41.60 |
| % of Calories | | | 69.3% |

| | | | |
|--------------------------|---------|-----|-------|
| Thu - 01/05/2012 | | | |
| After School Snacks elem | Total | 140 | |
| carrots - fresh - #1 | bag | 140 | 4.65 |
| juice. orange 05 | 3/4 cup | 140 | 21.0 |
| Weighted Daily Average | | | 25.65 |
| % of Calories | | | 99.9% |

| | | | |
|--------------------------|--------|-----|-------|
| Mon - 01/09/2012 | | | |
| After School Snacks elem | Total | 140 | |
| GRAPES, Fresh | 1 CUP | 140 | 28.3 |
| Milk, Marcia's update #1 | 1/2 pt | 140 | 20.6 |
| Weighted Daily Average | | | 48.90 |
| % of Calories | | | 83.6% |

| | | | |
|--------------------------|--------|-----|-------|
| Tue - 01/10/2012 | | | |
| After School Snacks elem | Total | 140 | |
| Granola Bar, choc. chip | 1 bar | 140 | 17.3 |
| Milk, Marcia's update #1 | 1/2 pt | 140 | 20.6 |
| Weighted Daily Average | | | 37.90 |
| % of Calories | | | 67.3% |

| | | | |
|--------------------------|--------|-----|-------|
| Wed - 01/11/2012 | | | |
| After School Snacks elem | Total | 140 | |
| BANANAS - #1 | 1 EACH | 140 | 29.0 |
| Milk, Marcia's update #1 | 1/2 pt | 140 | 20.6 |
| Weighted Daily Average | | | 49.60 |
| % of Calories | | | 85.5% |

| | | | |
|--------------------------|-----------------|-----|-------|
| Thu - 01/12/2012 | | | |
| After School Snacks elem | Total | 140 | |
| jungle crackers - 05 | 1pkg= 1oz serv. | 140 | 21.0 |
| juice. orange 05 | 3/4 cup | 140 | 21.0 |
| Weighted Daily Average | | | 42.00 |
| % of Calories | | | 84.2% |

| | | | |
|--------------------------|----------|-----|-------|
| Tue - 01/17/2012 | | | |
| After School Snacks elem | Total | 140 | |
| pretzel 06 | 1 oz bag | 140 | 23.0 |
| Milk, Marcia's update #1 | 1/2 pt | 140 | 20.6 |
| Weighted Daily Average | | | 43.60 |
| % of Calories | | | 72.7% |

| | | | |
|--------------------------|---------|-----|-------|
| Wed - 01/18/2012 | | | |
| After School Snacks elem | Total | 140 | |
| Oatmeal Bar | 1 piece | 140 | 50.25 |
| Milk, Marcia's update #1 | 1/2 pt | 140 | 20.6 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

***** - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - denotes optional nutrient values

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After School Snacks elem

Jan 3, 2012

| | Portion Size | Plan Qty | Carb (g) |
|------------------------|-----------------|-------------|-------------|
| Weighted Daily Average | | | 70.85 |
| % of Calories | | | 69.3% |

| Thu - 01/19/2012 | | | |
|--------------------------|---------|-----|--------|
| After School Snacks elem | Total | 140 | |
| APPLES,Fresh - #1 | 1 EACH | 140 | 22.0 |
| juice. orange 05 | 3/4 cup | 140 | 21.0 |
| Weighted Daily Average | | | 43.00 |
| % of Calories | | | 107.8% |

| Mon - 01/23/2012 | | | |
|--------------------------|---------|-----|-------|
| After School Snacks elem | Total | 140 | |
| Crackers, goldfish | 1oz pkg | 140 | 20.0 |
| juice. orange 05 | 3/4 cup | 140 | 21.0 |
| Weighted Daily Average | | | 41.00 |
| % of Calories | | | 74.7% |

| Tue - 01/24/2012 | | | |
|--------------------------|-----------|-----|-------|
| After School Snacks elem | Total | 140 | |
| carroteenies | 1.6z bags | 140 | 5.0 |
| Milk, Marcia's update #1 | 1/2 pt | 140 | 20.6 |
| Weighted Daily Average | | | 25.60 |
| % of Calories | | | 77.6% |

| Wed - 01/25/2012 | | | |
|--------------------------|--------|-----|-------|
| After School Snacks elem | Total | 140 | |
| APPLES,Fresh - #1 | 1 EACH | 140 | 22.0 |
| Milk, Marcia's update #1 | 1/2 pt | 140 | 20.6 |
| Weighted Daily Average | | | 42.60 |
| % of Calories | | | 85.2% |

| Thu - 01/26/2012 | | | |
|--------------------------|-------------|-----|-------|
| After School Snacks elem | Total | 140 | |
| yogurt #1 | 4oz serving | 140 | 43.05 |
| juice. orange 05 | 3/4 cup | 140 | 21.0 |
| Weighted Daily Average | | | 64.05 |
| % of Calories | | | 82.6% |

| Mon - 01/30/2012 | | | |
|--------------------------|---------|-----|-------|
| After School Snacks elem | Total | 140 | |
| Crackers, goldfish | 1oz pkg | 140 | 20.0 |
| Milk, Marcia's update #1 | 1/2 pt | 140 | 20.6 |
| Weighted Daily Average | | | 40.60 |
| % of Calories | | | 62.5% |

| Tue - 01/31/2012 | | | |
|--------------------------|--------|-----|-------|
| After School Snacks elem | Total | 140 | |
| APPLES,Fresh - #1 | 1 EACH | 140 | 22.0 |
| Milk, Marcia's update #1 | 1/2 pt | 140 | 20.6 |
| Weighted Daily Average | | | 42.60 |
| % of Calories | | | 85.2% |

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

1 - denotes optional nutrient values

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Jan 3, 2012

| | Portion Size | Plan Qty | Carb (g) |
|------------------|--------------|----------|----------------|
| Weighted Average | | | 43.97 78.4% |

| Nutrient | Menu AVG | % of Cals | Target | % of Target | Miss Data | Shortfall | Error Messages (if any) |
|------------------|----------|-----------|--------|-------------|-----------|-----------|-------------------------|
| Carbohydrate (g) | 43.97 | 78.44% | | | | | |

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