

A full student lunch includes choice of entrée, TWO vegetable/fruit side dishes, and milk.

Daily milk choices include skim white, 1% white, and skim chocolate

Station	Monday	Tuesday	Wednesday	Thursday	Friday
 Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl \$2.35	<b>STUFFED PASTA BOWL:</b> Whole Wheat Cheese Ravioli WG Rotini Pasta Diced Chicken Shredded Part Skim Mozzarella Seasoned Carrot & Corn <b>Wheat Dinner Roll</b> Red Marinara Sauce Alfredo Sauce	<b>SESAME CHICKEN BOWL:</b> Sesame Chicken Breast Oriental Fried Rice Herbed Broccoli & Cauliflower Whole Grain Sesame Breadstick Sesame Sauce Fortune Cookie Chopped Green Onion	<b>NACHO BOWL:</b> Spicy Turkey Taco Meat <b>Whole Grain Corn Tortilla Shell Rounds</b> Refried Beans Mexican Corn <b>Fiesta Rice</b> <b>Cheese Sauce</b> Cinnamon Twist Breadstick Salsa	<b>MOM'S MASHED POTATO BOWL:</b> Breaded Popcorn Chicken Mashed Potatoes Boston Baked Beans Sweet Corn Home Made Wheat Dinner Roll Chicken Gravy Fresh Chopped Parsley	<b>BRUNCH FOR LUNCH BOWL:</b> Scrambled Eggs Chicken Sausage Patties Wheat Tortilla Wrap Potato Rounds <b>Whole Grain French Toast Sticks</b> Warm Syrup Shredded Cheddar Petite Cinnamon Roll
 Breaded Chicken Sandwich OR Nuggets, Tenders or Popcorn Chicken with Roll Daily \$2.85	Grilled Cheese Sandwich on Wheat Chicken Sandwich Bowl of Tomato Soup Fresh Romaine Lettuce & Tomato	Ham & Cheese on WG Bun Chicken Nuggets with Wheat Roll Broccoli w/ Cheese Sauce Fresh Romaine Lettuce & Tomato	<b>Mini Chicken Sandwich Sliders</b> Classic Cheeseburger Sweet Potato Tots Fresh Iceberg Lettuce & Tomato	Country Skillet Breakfast Wrap Breaded Popcorn Chicken w/ Wheat Roll Potato Sticks Fresh Iceberg Lettuce & Tomato	Breaded Fish Fillet on WG Bun Breaded Chicken Sandwich Warm Baked Apple Slices Fresh Iceberg Lettuce & Tomato
 Classic Cheese Pizza Made w/ Reduced Fat Cheese Fresh Baked Daily \$2.85	Pepperoni Pizza*	Bosco Cheese Stuffed Breadsticks w/ Tomato Dipping Sauce	Spinach & Roasted Vegetable Stromboli With Tomato Dipping Sauce	Pepperoni Pizza	Bosco Mexican Stuffed Breadstick with Home Made Nacho Cheese Sauce
 Cold Sandwiches & Salads Made Fresh Your Way \$3.60 Available Daily: Tortilla Wraps, Rolls, and <b>Whole Wheat Bread</b> Turkey, Ham, Breaded Chicken Strips, Tuna Salad American and Part Skim Mozzarella Cheese, Iceberg/Romaine Lettuce, Tomato, Onions, Cucumbers & Fresh Carrots Fresh Homemade Vegetable Pasta Salad	Made to Order SANDWICH Bar Special: Spicy Chicken Ranch Wrap	Made to Order SANDWICH Bar Special: <b>Triple Decker Turkey Club on Whole Wheat</b>	Made to Order SANDWICH Bar Special: Roast Beef on Kaiser Roll	Made to Order SANDWICH Bar Special: Honey Mustard Ham & Cheese Wrap	Made to Order SANDWICH Bar Special: Buffalo Chicken Wrap
 Fresh Food Fast- Packaged for Grab N' Go	Bagel Meal with Peanut Butter, Yogurt Cup, Fresh Veggies and Fruit	<b>Fruit Yogurt Parfait w/ Granola Topping</b>	Bagel Meal with Peanut Butter, Yogurt Cup, Fresh Veggies and Fruit	<b>Fruit Yogurt Parfait w/ Granola Topping</b>	Cheese Cubes with Crackers And Fresh Grapes
 Cold Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available	Caesar Salad w/ Croutons Petite Bananas Fresh Grapes Carrot Sticks	Tossed Salad w/ Light Dressing Chilled Applesauce Fresh Broccoli Florets Peachy Fruit Salad	Watermelon Cubes <b>Fresh Apples</b> Vegetable Pasta Salad Confetti Coleslaw	Caesar Romaine Side Salad w/ Croutons Celery Sticks Petite Bananas Chilled Pineapple	Chilled Pears Fresh Apple Crunchy Spinach Salad Carrot Sticks

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Menu item is made w/ whole grain



Menu item is made w/ fresh locally grown produce (actual items will vary depending on local seasonal availability)



\*Menu item is offered with the complete daily Balanced Choices® Meal

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<p>Favorite Comfort Foods &amp; International Flavors Served Your Way in a Portable Bowl \$2.35</p>	<p><b>NORTHEAST ASIAN RICE BOWL:</b></p> <p>Korean Braised Ribbies</p> <p>Steamed Brown Rice</p> <p>Oriental Vegetables</p> <p>Steamed Broccoli Cuts</p> <p><b>Homemade Crunchy Asian Topping</b></p> <p>Homemade Sesame Sauce</p> <p>Fresh Chopped Green Onion</p>	<p><b>MASHED POTATO BOWL:</b></p> <p>Breaded Popcorn Chicken</p> <p>Mashed Potatoes</p> <p>Seasoned Carrots &amp; Corn</p> <p>WG Soft Pretzel Rod</p> <p>Chicken Gravy</p> <p>Fresh Chopped Parsley</p>	<p><b>NACHO BOWL:</b></p> <p>Spicy Turkey Taco Meat</p> <p><b>Whole Grain Corn Tortilla Shell Rounds</b></p> <p>Refried Beans</p> <p>Mexican Corn</p> <p><b>Fiesta Rice</b></p> <p><b>Cheese Sauce</b></p> <p>Cinnamon Twist Breadstick</p> <p>Spicy Salsa</p>	<p><b>AMERICAN DINER BOWL:</b></p> <p>Roast Turkey w/ Gravy</p> <p>Rice Pilaf w/ Orzo</p> <p>Mashed Sweet Potatoes</p> <p>Seasoned Green Beans</p> <p>Home Made</p> <p>Wheat Dinner Roll</p> <p>Turkey Gravy</p> <p>Fresh Chopped Parsley</p> <p>Chicken Snack Wrap</p> <p>Mini Burger Sliders</p> <p>Seasoned Green Beans</p> <p>Fresh Iceberg Lettuce &amp; Tomato</p>	<p><b>ITALIAN PASTA BOWL:</b></p> <p>Saucy Italian Meatballs</p> <p><b>Whole Grain Spaghetti</b></p> <p>Whole Grain Rotini Pasta</p> <p>Seasoned Peas</p> <p>Tossed Salad with Light Dressing</p> <p><b>Toasted Whole Grain Garlic Bun</b></p> <p>Red Marinara Sauce</p> <p>Roma Herb Seasoning Blend</p>
<p>Breaded Chicken Sandwich OR Nuggets, Tenders or Popcorn Chicken with Roll Daily \$2.85</p>	<p>Hot Chili Burger with Monterey jack</p> <p>WG Breaded Chicken Sandwich</p> <p>Broccoli w/ Cheese Sauce</p> <p>Fresh Iceberg Lettuce &amp; Tomato</p>	<p><b>Whole Grain Breaded Chicken Corn Dog Nuggets w/ Wheat Roll</b></p> <p><b>WG Breaded Chicken Sandwich</b></p> <p>Potato Smiles</p> <p>Fresh Iceberg Lettuce &amp; Tomato</p>	<p>Grilled Cheese Sandwich on Wheat</p> <p>Breaded Popcorn Chicken with Wheat Pretzel Rod</p> <p>Mexican Corn</p> <p>Fresh Romaine Lettuce &amp; Tomato</p>	<p>BBQ Chicken Wrap</p> <p>WG Chicken Nuggets with Wheat Roll</p> <p>Sweet Potato Criscut Fries</p> <p>Fresh Iceberg Lettuce &amp; Tomato</p>	<p>BBQ Chicken Wrap</p> <p>WG Chicken Nuggets with Wheat Roll</p> <p>Sweet Potato Criscut Fries</p> <p>Fresh Iceberg Lettuce &amp; Tomato</p>
<p>Classic Cheese Pizza Made w/ Reduced Fat Cheese Fresh Baked Daily \$2.85</p>	<p>Pepperoni Pizza</p>	<p>Bosco Mexican Stuffed Breadstick with Home Made Nacho Cheese Sauce</p>	<p>Ham &amp; Cheese Hot Pocket w/ Tomato Dipping Sauce</p>	<p>Bosco Cheese Stuffed Breadsticks with Tomato Dipping Sauce</p>	<p>Pepperoni Pizza</p>
<p>Cold Sandwiches &amp; Salads Made Fresh Your Way \$3.60</p> <p>Available Daily: Tortilla Wraps, Rolls, and <b>Whole Wheat Bread</b></p> <p>Turkey, Ham, Breaded Chicken Strips, Buffalo Chicken Salad</p> <p>American and Part Skim Mozzarella Cheese, Iceberg/Romaine Lettuce, Tomato, Onions, Carrots &amp; Fresh Carrots</p> <p>Fresh Homemade Macaroni Salad</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Little Italy Wrap</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Parisian Ham &amp; Cheese Wrap</p>	<p>Made to Order SALAD Bar</p> <p>Special: Chicken Caesar Wrap</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: <b>Whole Grain Turkey Wraps w/ Lettuce, Tomato &amp; Herb Mayo</b></p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Buffalo Chicken Salad On Wheat Roll</p>
<p>Fresh Food Fast-Packaged for Grab N' Go</p>	<p><b>Fruit Yogurt Parfait w/ Granola Topping</b></p>	<p>Bagel Meal with Peanut Butter, Yogurt Cup, Fresh Veggies and Fruit</p>	<p>Crispy Chicken Popper Salad w/ Crackers</p>	<p><b>Fruit Yogurt Parfait w/ Granola Topping</b></p>	<p>Cheese Cubes with Crackers And Fresh Grapes</p>
<p>Cold Fruit &amp; Vegetable Bar Offered Daily</p> <p>Featuring fresh seasonal produce including local items as available</p>	<p>Fresh Broccoli Florets</p> <p>Tossed Salad w/ Light Dressing</p> <p>Chilled Mixed Fruit</p> <p>Fresh Orange Wedges</p>	<p>Chickpea Salad</p> <p>Carrot Sticks</p> <p>Sweet Chewy Raisins</p> <p>Chilled Diced Pears</p>	<p>Macaroni Salad</p> <p>Caesar Romaine Side Salad w/ Croutons</p> <p><b>Fresh Apple</b></p> <p>Chilled Peaches</p>	<p>Broccoli Salad</p> <p>Tossed Salad w/ Light Dressing</p> <p><b>Fruit Salad with Cranberries</b></p> <p>Chilled Mixed Fruit</p>	<p>Tossed Salad with Light Dressing</p> <p>Celery Sticks</p> <p>Chilled Pineapple Tidbits</p> <p>Cinnamon Applesauce</p>

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<p>Favorite Comfort Foods &amp; International Flavors Served Your Way in a Portable Bowl \$2.35</p>	<p>NACHO BOWL:</p> <p>Spicy Turkey Taco Meat <b>Whole Grain Corn Tortilla Shell Rounds</b></p> <p>Refried Beans</p> <p>Mexican Corn</p> <p><b>Fiesta Rice</b></p> <p>Cheese Sauce Cinnamon Twist Breadstick</p> <p>Spicy Salsa</p>	<p>SWEET AND SOUR ASIAN BOWL:</p> <p>Sweet and Sour Chicken</p> <p>Steamed Brown Rice Oriental Vegetables Steamed Broccoli</p> <p><b>Wheat Dinner Roll</b></p> <p>Sweet and Sour Sauce</p> <p>Chopped Green Onion</p> <p>Fortune Cookie</p>	<p>CHICKEN FAJITA BOWL:</p> <p>Seasoned Chicken Fajita Meat Tortilla Chips Wheat Tortilla Wrap Cilantro Lime Rice</p> <p>Sauteed Peppers &amp; Onions Shredded Cheddar Cheese</p> <p>Salsa</p>	<p>ROASTED CHICKEN BOWL:</p> <p>Herb Roasted Chicken Breast</p> <p>Mashed Potatoes</p> <p>Glazed Carrots</p> <p><b>Home Made</b></p> <p><b>Wheat Dinner Roll</b></p> <p>Chicken Gravy</p> <p>Fresh Chopped Parsley</p>	NO SCHOOL
<p>Breaded Chicken Sandwich OR Nuggets, Tenders or Popcorn Chicken with Roll Daily \$2.85</p>	<p>Ham &amp; Swiss on WG Bun</p> <p><b>WG Chicken Nuggets with Wheat Roll</b></p> <p>Golden Corn</p> <p>Fresh Iceberg Lettuce &amp; Tomato</p>	<p><b>Classic Cheeseburger On WG Bun</b></p> <p><b>WG Chicken Tenders w/Wheat Pretzel Rod</b></p> <p>Broccoli w/ Cheese Sauce Fresh Iceberg Lettuce &amp; Tomato</p>	<p>Country Skillet Breakfast Wrap WG Breaded Chicken Sandwich</p> <p>Warm Baked Apple Slices</p> <p>Fresh Romaine Lettuce &amp; Tomato</p>	<p>Breaded Popcorn Chicken w/ <b>Wheat Dinner Roll</b></p> <p>Classic Cheeseburger On WG Bun</p> <p>Mashed Potatoes</p> <p>Fresh Iceberg Lettuce &amp; Tomato</p>	
<p>Classic Cheese Pizza Made w/ Reduced Fat Cheese Fresh Baked Daily \$2.85</p>	Pepperoni Pizza	<p><b>Bosco Cheese Stuffed Breadsticks with Tomato Dipping Sauce</b></p>	<p><b>Chicken &amp; Roma Tomato Whole Grain Pita Pizza</b></p>	Ham & Pineapple Pizza	
<p>Cold Sandwiches &amp; Salads Made Fresh Your Way \$3.60</p> <p>Available Daily: Tortilla Wraps, Rolls, and <b>Whole Wheat Bread</b> Turkey, Ham, Breaded Chicken Strips, Turkey Salad, American and Part Skim Mozzarella Cheese Iceberg/Romaine Lettuce, Tomato, Onions, Cucumbers &amp; Fresh Carrots Fresh Homemade Green Goddess Pasta Salad</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Turkey Club Wrap</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Little Italy Wrap</p>	<p>Made to Order SALAD Bar</p> <p>Special: Roast Beef on a Kaiser Roll</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Honey Mustard Ham and Cheese Wrap</p>	
<p>Fresh Food Fast- Packaged for Grab N' Go</p>	<p><b>Fruit Yogurt Parfait w/ Granola Topping</b></p>	<p>Bagel Meal with Peanut Butter, Yogurt Cup, Fresh Veggies and Fruit</p>	<p><b>Fruit Yogurt Parfait w/ Granola Topping</b></p>	<p>Crispy Chicken Popper Salad w/ Crackers</p>	
<p>Cold Fruit &amp; Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available</p>	<p>Vegetable Pasta Salad</p> <p>Tossed Salad with Light Dressing</p> <p>Petite Bananas</p> <p>Chilled Mixed Fruit</p>	<p>Petite Bananas</p> <p>Marinated Tomato &amp; Cucumber Salad</p> <p>Chilled Peaches</p> <p>Fresh Broccoli Florets</p>	<p>Chilled Pineapples*</p> <p>Oregano &amp; Bean</p> <p>Pasta Salad</p> <p>Carrot Sticks</p> <p>Sweet Chewy Raisins</p>	<p>Pear Raisin Salad</p> <p>Tossed Salad with Light Dressing</p> <p>Fresh Broccoli Florets</p> <p>Fresh Orange Wedges</p>	

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# Central Middle School Lunch Menu

February 20-24, 2012

A full student lunch includes choice of entrée, TWO vegetable/fruit side dishes, and milk.

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Station	Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Favorite Comfort Foods &amp; International Flavors Served Your Way in a Portable Bowl \$2.35</p>	NO SCHOOL	<b>BACKYARD BBQ BOWL:</b> BBQ Chicken Breast Boston Baked Beans <b>Corn on the Cob</b> WG Soft Pretzel Rod BBQ Sauce Fresh Chopped Green Onion	<b>NACHO BOWL:</b> Spicy Turkey Taco Meat <b>Whole Grain Corn Tortilla Shell Rounds</b> Refried Beans Mexican Corn <b>Fiesta Rice</b> Cheese Sauce Cinnamon Twist Breadstick Spicy Salsa	<b>AMERICAN DINER BOWL:</b> Meat Loaf Macaroni w/ Cheese Sauce Sweet Potato Tots Tossed Salad With Light Dressing Wheat Dinner Roll Brown Gravy Fresh Chopped Parsley	<b>BRUNCH FOR LUNCH BOWL:</b> Scrambled Eggs Chicken Sausage Patties Wheat Tortilla Wrap Potato Rounds <b>Whole Grain French Toast Sticks</b> Warm Syrup Shredded Cheddar Petite Cinnamon Roll
 <p>Classic Cheese Pizza Made w/ Reduced Fat Cheese Fresh Baked Daily \$2.85</p>		Ham & Cheese on WG Bun WG Chicken Nuggets w/Wheat Roll Baked Potato Fresh Romaine Lettuce & Tomato	<b>Grilled Cheese Sandwich on Wheat</b> <b>WG Breaded Chicken Sandwich</b> Corn on the Cob Fresh Romaine Lettuce & Tomato	BLT Burger on WG Bun Breaded Popcorn Chicken w/ Wheat Roll Sweet Potato Crissscut Fries Fresh Iceberg Lettuce & Tomato	Mini Chicken Sandwich Sliders Classic Cheeseburger On WG Bun Potato Rounds Fresh Iceberg Lettuce & Tomato
 <p>Classic Cheese Pizza Made w/ Reduced Fat Cheese Fresh Baked Daily \$2.85</p>		<b>Bosco Cheese Stuffed Breadsticks with Tomato Dipping Sauce</b>	Ham & Cheese Hot Pocket w/ Tomato Dipping Sauce	<b>Broccoli &amp; Cheese Calzone With Tomato Dipping Sauce</b>	Pepperoni Pizza
 <p>Cold Sandwiches &amp; Salads Made Fresh Your Way \$3.60                      Available Daily:                      Tortilla Wraps, Rolls, and <b>Whole Wheat Bread</b>                      Turkey, Ham, Breaded Chicken Strips, Tuna Salad, American and Part Skim Mozzarella Cheese, Iceberg/Romaine Lettuce, Tomato, Onions, Cucumbers &amp; Fresh Carrots                      Homemade Vegetable Pasta Salad</p>		Made to Order SANDWICH Bar Special: <b>Triple Decker Turkey Club on Whole Wheat</b>	Made to Order SANDWICH Bar Special: Honey Mustard Roast Beef Wrap	Made to Order SANDWICH Bar Special: <b>Whole Grain Turkey Wrap w/ Lettuce, Tomato &amp; Herb Mayo</b>	Made to Order SANDWICH Bar Special: Little Italy Wrap
 <p>Fresh Food Fast-Packaged for Grab N' Go</p>		<b>Fruit Yogurt Parfait w/ Granola Topping</b>	Bagel Meal with Peanut Butter, Yogurt Cup, Fresh Veggies and Fruit	Crispy Chicken Popper Salad w/ Crackers	Cheese Cubes with Crackers And Fresh Grapes
 <p>Cold Fruit &amp; Vegetable Bar Offered Daily                      Featuring fresh seasonal produce including local items as available</p>		Caesar Romaine Side Salad w/ Croutons Fresh Carrot Sticks <b>Fresh Grapes</b> Chilled Peaches	<b>Broccoli Salad</b> Tossed Salad w/ Light Dressing Petite Bananas Chilled Diced Peas	<b>Buttermilk Coleslaw</b> Peachy Fruit Salad Tossed Salad with Light Dressing Chilled Mandarin Oranges	Caesar Romaine Side Salad with Croutons Carrot Sticks Chilled Pineapple Tidbits Applesauce

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<p>Favorite Comfort Foods &amp; International Flavors Served Your Way in a Portable Bowl \$2.35</p>	<p><b>SWEET N SOUR ASIAN RICE BOWL:</b></p> <p>Breaded Popcorn Chicken</p> <p>Steamed Brown Rice</p> <p>Fresh Carrots &amp; Onions</p> <p>Steamed Broccoli</p> <p><b>Homemade Crunchy Asian Topping</b></p> <p>Sweet N Sour Sauce</p> <p>Fresh Chopped Green Onion</p>	<p><b>UPSIDE DOWN RANCHER'S PIE BOWL:</b></p> <p>Savory Beef</p> <p>Mashed Potatoes</p> <p>Warm Baked Apple Slices</p> <p>Mixed Vegetables</p> <p>Wheat Dinner Roll</p> <p>Brown Gravy</p> <p>Shredded Cheddar</p>	<p><b>NACHO BOWL:</b></p> <p>Spicy Turkey Taco Meat</p> <p><b>Whole Grain Corn Tortilla Shell Rounds</b></p> <p>Refried Beans</p> <p>Mexican Corn</p> <p><b>Fiesta Rice</b></p> <p><b>Cheese Sauce</b></p> <p>Cinnamon Twist Breadstick</p> <p>Spicy Salsa</p>	<p><b>CHICKEN PARMESAN BOWL:</b></p> <p>Breaded Chicken Patty</p> <p>Whole Grain Spaghetti</p> <p>Seasoned Corn</p> <p>Whole Grain Soft Breadstick</p> <p>Red Marinara Sauce</p> <p>Shredded Mozzarella</p>	<p><b>ROASTED CHICKEN BOWL:</b></p> <p>Herb Roasted Chicken Breast</p> <p>Steamed Brown Rice</p> <p><b>Home Made Whole Wheat Bread Stuffing</b></p> <p>Glazed Carrots</p> <p>Warm Fruit Crisp</p> <p>Wheat Dinner Roll</p> <p>Chicken Gravy</p> <p>Fresh Chopped Parsley</p>
<p>Classic Cheese Pizza Made w/ Reduced Fat Cheese Fresh Baked Daily \$2.85</p>	<p>Ham &amp; Swiss on WG Bun</p> <p>WG Breaded Chicken Sandwich</p> <p>Broccoli w/Cheese Sauce</p> <p>Fresh Iceberg Lettuce &amp; Tomato</p>	<p><b>Grilled Cheese Sandwich on Wheat</b></p> <p><b>WG Chicken Nuggets w/ Wheat Soft Pretzel Rod</b></p> <p>Bowl of Tomato Soup</p> <p>Fresh Iceberg Lettuce &amp; Tomato</p>	<p>California Cheese Steak Wrap</p> <p>WG Breaded Chicken Sandwich</p> <p>Potato Wedges</p> <p>Fresh Romaine Lettuce &amp; Tomato</p>	<p><b>Breaded Popcorn Chicken w/ Wheat Soft Pretzel Rod</b></p> <p>Classic Cheeseburger</p> <p>Seasoned Corn</p> <p>Fresh Iceberg Lettuce &amp; Tomato</p>	<p><b>Breaded Fish Fillet on WG Bun</b></p> <p>Breaded Chicken Tenders w/WG Roll</p> <p>Warm Fruit Crisp</p> <p>Fresh Iceberg Lettuce &amp; Tomato</p>
<p>Classic Cheese Pizza Made w/ Reduced Fat Cheese Fresh Baked Daily \$2.85</p>	<p>Pepperoni Pizza</p>	<p>Bosco Cheese Stuffed Breadstick with Tomato Dipping Sauce</p>	<p>Italian Stromboli w/ Tomato Dipping Sauce</p>	<p>Bosco Mexican Stuffed Breadstick with Home Made Nacho Cheese Sauce</p>	<p>Pepperoni Pizza</p>
<p>Cold Sandwiches &amp; Salads Made Fresh Your Way \$3.60</p> <p>Available Daily: Tortilla Wraps, Rolls, and <b>Whole Wheat Bread</b></p> <p>Turkey, Ham, Breaded Chicken Strips, Buffalo Chicken Salad, American and Part Skim Mozzarella Cheese, Iceberg/Romaine Lettuce, Tomato, Onions, Cucumbers &amp; Fresh Carrots</p> <p>Fresh Homemade Macaroni Salad</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Chicken Caesar Wrap</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: <b>Buffalo Chicken Salad on Wheat Roll</b></p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Little Italy Wrap</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Spicy Chicken Wrap</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Santa Fe Turkey and Cheddar Wrap</p>
<p>Fresh Food Fast-Packaged for Grab N' Go</p>	<p>Bagel Meal with Peanut Butter, Yogurt Cup, Fresh Veggies and Fruit</p>	<p><b>Fruit Yogurt Parfait w/ Granola Topping</b></p>	<p>Bagel Meal with Peanut Butter, Yogurt Cup, Fresh Veggies and Fruit</p>	<p>Crispy Chicken Popper Salad w/ Crackers</p>	<p>Cheese Cubes with Crackers And Fresh Grapes</p>
<p>Cold Fruit &amp; Vegetable Bar Offered Daily</p> <p>Featuring fresh seasonal produce including local items as available</p>	<p>Chick Pea Salad</p> <p>Tossed Salad w/ Light Dressing</p> <p>Chilled Applesauce</p> <p>Fresh Orange Wedges</p>	<p>Tossed Salad w/ Light Dressing</p> <p>Macaroni Salad</p> <p>Cinnamon Apple Slices</p> <p>Chilled Pears</p>	<p>Chilled Pineapples</p> <p><b>Fruit Salad with Cranberries</b></p> <p>Tossed Salad w/ Light Dressing</p> <p>Celery Sticks</p>	<p>Caesar Romaine Side Salad w/ Croutons</p> <p>Petite Bananas</p> <p>Broccoli Salad</p> <p>Chilled Mixed Fruit</p>	<p>Carrots Sticks</p> <p>Chilled Peaches</p> <p>Fresh Apple</p> <p>Spinach Salad</p>

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