








Lexington Elementary Schools- February 2012

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Student Full Meal Price \$3.25, Reduced Meal Price \$0.40, Adult Meal Price \$4.25 All Meals Come with Fruit & Vegetable Side Dishes and Choice of Milk: 1% and Skim Plain White & Fat Free Chocolate All Grains Offered Are Whole Grains</p>	<p>1 Bacon, Lettuce and Tomato Sandwich on Texas Style Bread</p> <p>Whole Wheat Pasta w/ Meatballs, Hot Veggie, Apple Slices & Low Fat Milk</p>	<p>2 Early Dismissal Half day-No Lunch</p> <p>Low -Fat Yogurt is the Food Focus of the Month!</p> 	<p>3 Galaxy Pizza Individual Soy Crust Pizza Roasted Carrot Sticks Marinated Bean Medley Romaine Salad with Croutons Fresh Blueberries</p> <p>Chicken Patty on a Whole Grain Bun Tossed Romaine Salad, Fresh Blueberries & Low Fat Milk</p>
<p>Weekly Alternate:</p> <p>(1) Chicken Caesar Salad & Whole Wheat Dinner Roll (2) Flatbread Cheese Sandwich Toasted, Side Salad, Fruit & Milk; (3) Bagel Fun Lunch: Bagel & Cream Cheese, Yogurt, Carrots, Orange Smiles, Milk</p>				
<p>6 Roasted Pork Roasted Red Bliss Potatoes Fresh Steamed Broccoli Chilled Applesauce</p> <p>Chicken Nuggets, Fresh Carrot Sticks, Whole Wheat Dinner Roll, Chocolate Pudding, Low Fat Milk</p>	<p>7 Chicken Parm served with Wheat Rotini Fresh Garlic Bread Sautéed Green Beans Fresh Strawberries</p> <p>Cheese or Pepperoni Whole Wheat French Bread Pizza</p>	<p>8 Nachos! Taco Meat, Our own Seasoned Wheat Tortilla Triangles Cheese Sauce, Refried Beans and Salsa Fresh Cut Cantaloupe</p> <p>Whole Wheat Pasta w/ Meatballs, Hot Veggie, Apple Slices & Low Fat Milk</p>	<p>9 Early Dismissal Half day-No Lunch</p>  <p>Please visit www.choosemyplate.gov for healthy nutrition tips for kids.</p>	<p>10 Whole Wheat Square Pizza Green Beans Marinated Tomato, Cucumber and Cheese Salad Chilled Fruit</p> <p>Chicken Patty on a whole Grain Bun, Tossed Romaine Salad, Orange Smiles & Low Fat Milk</p>
<p>Weekly Alternate:</p> <p>(1) Garden Salad with Cheese & Whole Wheat Dinner Roll (2) Flatbread Cheese Sandwich Toasted, Side Salad, Fruit & Milk; (3) Bagel Fun Lunch: Bagel & Cream Cheese, Yogurt, Carrots, Orange Smiles, Milk</p>				
<p>13 Toasty Meatball Sub with Cheese on a Whole Grain Mini Sub Roll Chilled Potato Salad Fresh Grapes</p> <p>Chicken Nuggets, Fresh Carrot Sticks, Whole Wheat Dinner Roll, Chocolate Pudding, Low Fat Milk</p>	<p>14 Happy Valentines Day! Breakfast for Lunch! Whole Wheat Pancakes Syrup or Hot Cinnamon Apples Turkey Sausage Seasoned Roasted Red Bliss Potato With Onions Valentines Day Cookie</p> <p>Cheese or Pepperoni Whole Wheat French Bread Pizza</p>	<p>15 Chicken Noodle Soup w/ Whole Wheat Toasted Cheese Green Beans Fresh Fruit Yogurt Parfait</p> <p>Whole Wheat Pasta w/ Meatballs, Hot Veggie, Apple Slices & Low Fat Milk</p>	<p>16 Early Dismissal Half day-No Lunch</p>	<p>17 Galaxy Pizza Corn Spinach Salad with Mandarin Oranges and Italian Dressing Blueberry Cake</p> <p>Chicken Patty on a whole Grain Bun, Tossed Romaine Salad, Orange Smiles & Low Fat Milk</p>
<p>Weekly Alternate:</p> <p>(1) Chef Salad w/ Cheese, Ham, Turkey and Dinner Roll (2) Flatbread Cheese Sandwich Toasted, Side Salad, Fruit & Milk; (3) Bagel Fun Lunch: Bagel & Cream Cheese, Yogurt, Carrots, Orange Smiles, Milk</p>				
<p>20 Presidents Day Holiday! Schools Closed</p>	<p>21 Have a great Vacation!</p> 	<p>22</p>	<p>23</p> 	<p>24</p>
<p>Weekly Alternate:</p> <p>(1) Chicken Caesar Salad (2) Flatbread Cheese Sandwich Toasted, Side Salad, Fruit & Milk; (3) Bagel Fun Lunch: Bagel & Cream Cheese, Yogurt, Carrots, Orange Smiles, Milk</p>				
<p>27 Chicken Enchiladas On a Whole Wheat Tortilla Fiesta Rice Green Bean and Chickpeas Chilled Strawberry Yogurt Parfait</p> <p>Chicken Nuggets, Fresh Carrot Sticks, Whole Wheat Dinner Roll, Chocolate Pudding, Low Fat Milk</p>	<p>28 Chicken Burrito with Mexican Rice Peppers with Ranch Dipping Sauce Orange Smiles</p> <p>Cheese or Pepperoni Whole Wheat French Bread Pizza</p>	<p>29 Individual Stuffed Shells Green Beans Medley Cheesy Garlic Bread</p> <p>Cheese or Pepperoni Whole Wheat French Bread Pizza</p>	<p>Vegetarian Options Served Everyday! Vegetarian Alternate: Monday- Cheese Stuffed Shells served with a Dinner Roll; Tuesday- Veggie Stir Fry with Rice and served with 2 Cheese Sticks; Wednesday- Eggplant Parmesan on a Wheat Sub Roll; Friday- Veggie Burger on a Whole Grain Roll</p> <ul style="list-style-type: none"> ■ Flatbread Grilled Cheese: Flatbread Cheese Sandwich Toasted, Side Salad, Fruit & Milk ■ Bagel Fun Lunch: Bagel & Cream Cheese, Yogurt, Carrots, Orange Smiles & Milk 	
<p>Weekly Alternate:</p> <p>(1) Chicken Caesar Salad (2) Flatbread Cheese Sandwich Toasted, Side Salad, Fruit & Milk; (3) Bagel Fun Lunch: Bagel & Cream Cheese, Yogurt, Carrots, Orange Smiles, Milk</p>				

