



Indian Prairie School District #204

Elementary Lunch Menu-One Page Summary

March – April 6th, 2012

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Meal Prices: Paid Lunch: \$2.35 Reduced Lunch: \$0.40 White Milk: \$0.40 Chocolate Milk: \$0.50 *This menu item is vegetarian **This item contains Turkey ***This item contains Pork WG=Item is made with Whole Grain	 Balanced Choices Meals are meal combinations that meet precise nutrition standards that endorse healthy eating guidelines for students. BC meals are in bold		1 WG Chicken Patty on a WG Bun or *Macaroni & Cheese w/Roll Peas & Carrots Seasoned Potato Wedges Cinnamon Apple Slices Choice of Milk	2 No School Institute Day
5 Breaded Chicken Nuggets w/WG Roll or Meatball Sub Sandwich Green Beans Glazed Sweet Potatoes Chilled Pears Choice of Milk	6 *Mini Maple Burst Pancakes w/Syrup with or without ***Sausage Patty or Sloppy Joe on a WG Bun Potato Smiles Mixed Fruit Choice of Milk	7 Nachos w/Cheese & Beef Taco Meat or *Vegetarian Refried Beans or Chicken Patty on WG Bun Corn on the Cob Chilled Applesauce Choice of Milk	8 Baked BBQ Chicken w/ WG Roll or Cheeseburger on a WG Bun Baked Potato Half Cinnamon Apple Slices Choice of Milk	9 *Cheese Pizza or ***Pepperoni Pizza or ***BBQ Rib Sandwich on a WG Bun Vegetarian Baked Beans Chilled Peaches Choice of Milk
12 *Cheese Stuffed Breadstick w/Marinara Sauce or Chicken Patty on WG Bun Green Beans Mixed Fruit Choice of Milk	13 *WG Pancakes w/Syrup with or without ***Sausage Patty or Beef Chili w/Crackers Seasoned Peas Potato Smiles Chilled Pears Choice of Milk	14 Cheeseburger w/Swiss on a WG Bun or **Hot Dog on a WG Bun Sweet Potato Fries Mandarin Oranges Choice of Milk	15 Baked Breaded Chicken Nuggets w/WG Roll or *Pasta & Marinara Sauce w/Whole Grain Roll Seasoned Carrots Chilled Peaches Choice of Milk	16 *Cheese Pizza or ***Pepperoni Pizza or Meatball Sub Sandwich Vegetarian Baked Beans Rice Pilaf Green Applesauce Physedible Vanilla Crackers Choice of Milk
19 *WG French Toast Sticks w/Syrup with or without ***Sausage Patty or Pizza Burger on WG Bun Potato Smiles Diced Peaches Choice of Milk	20 No School School Improvement Planning	21 Soft Shell Tacos w/Taco Meat or *Vegetarian Refried Beans or Baked Breaded Chicken Nuggets w/WG Roll Golden Corn Chilled Applesauce Choice of Milk	22 *Cheese Pizza or ***Pepperoni Pizza or **Corn Dog Mixed Vegetables Sweet Potato Fries Chilled Pears Choice of Milk	23 Half Day of School No Lunch Served
SPRING BREAK WEEK – March 26th–30th				
April 2 *Mini Maple Burst Pancakes w/Syrup with or without ***Sausage Patty or **Corn Dog Sweet Potato Tots Chilled Pears Choice of Milk	3 Hamburger on a WG Bun or *Make Your Own Pita Pizza with or without Pepperoni Seasoned Carrots Mixed Fruit Choice of Milk	4 Nachos w/Cheese & Taco Meat or *Vegetarian Refried Beans or Breaded Popcorn Chicken w/WG Roll Fiesta Rice Chilled Applesauce Choice of Milk	5 ***Turkey Roast w/WG Roll or *Macaroni & Cheese w/WG Roll Mashed Potatoes w/Gravy Green Beans Cinnamon Apple Slices Choice of Milk	6 No School Today

Alternate COLD Lunches Offered Daily:

***Soybutter & Grape Jelly Sandwich, Entrée Salad, or Grab & Go Bagged Lunch (See Detailed Menu for Choices)**

-Food bar with fresh fruits and vegetables offered daily.

What is included in a lunch meal? You MUST choose 1 Entrée & MUST choose at least 1 side and CAN choose up to 3 sides for the same \$2.35 lunch price

Daily Milk Choices Include (milk is counted as a side item): Fat Free White, 1% White, and Fat Free Chocolate

Find menus posted at: www.chartwellschool dining.com/ipsd204/content/menus.asp

Menu Questions or Comments?

Please Call Director of Dining Services: Greg Manning at 630-428-6570

Menu subject to change without notice.

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.

