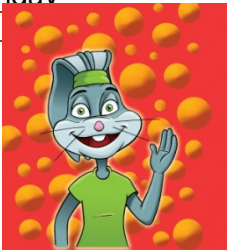




Ft Lee Café Menu – February 2012

Elementary Schools 2 & 4

Monday		Tuesday		Wednesday		Thursday		Friday	
				1		2		3	
				A	Roast turkey on a bun Whipped potatoes & gravy	A	Pizza nova pizza Carrot coins	A	Chicken nuggets Carrots
				B	Bagel bag lunch w/ cream Cheese & cheddar wedge	B	Tuna salad on wheat bun	B	White or wheat bread
				C	Chicken popper salad	C	Tomato bruschetta salad	C	Egg salad on a bun
				B	Ham & cheese with lettuce & Tomato on a Kaiser roll	D	Ham & cheese with lettuce & Tomato on a Kaiser roll	D	Cottage cheese & fruit salad Ham & cheese with lettuce & Tomato on a Kaiser roll
6		7		8		9		10	
A	Chicken fajita Mixed vegetables	A	Pasta w/ Italian meat sauce Green beans	A	Hamburger on a bun Tater tots	A	Pizza nova pizza Celery sticks	A	French toast sticks , syrup Egg patty & tater tots
B	Italian hero		White or wheat bread	B	Turkey bologna on a bun	B	Turkey bologna on a bun	B	Tuna salad on wheat wrap
C	Chicken Caesar salad	B	Salami on wheat	C	Chicken popper salad	C	Mandarin chicken salad	C	Veggie & cheese salad
D	Ham & cheese with lettuce Tomato on a Kaiser roll	C	Yogurt salad platter	D	Ham & cheese with lettuce & Tomato on a Kaiser roll	D	Ham & cheese with lettuce & Tomato on a Kaiser roll	D	Ham & cheese with lettuce & Tomato on a Kaiser roll
			D						
			D						
13		14		15		16		17	
A	Beef soft taco , corn Cheese & salsa	A	Baked ziti , peas Dinner roll	A	Turkey hot dog on a bun Cucumber salad	A	Pizza nova pizza Tossed salad	A	Chicken nuggets Carrots
B	Italian hero	B	Italian hero	B	Turkey on a bun	B	Salami on a bun	B	Egg salad on a bun
C	Chicken Caesar salad	C	Chicken popper salad	C	Mandarin chicken salad	C	Catalina roast turkey salad	C	Cottage cheese & fruit salad
D	Ham & cheese with lettuce Tomato on a Kaiser roll	D	Ham & cheese with lettuce & Tomato on a Kaiser roll	D	Ham & cheese w/ lettuce & Tomato on a Kaiser roll	D	Ham & cheese with lettuce & Tomato on a Kaiser roll	D	Ham & cheese with lettuce & Tomato on a Kaiser roll
20		21		22		23		24	
	Winter Recess		Winter Recess		Winter Recess		Winter Recess		Winter Recess
27		28		29					
A	Meatball hero Tater tots	A	Roast turkey on a bun Whipped potatoes & gravy	A	Chicken enchiladas Corn				
B	Turkey bologna on a bun	B	Bagel bag lunch w/ cream	B	Italian hero				
C	Yogurt salad platter	C	Cheese & cheddar wedge	C	Chicken popper salad				
D	Ham & cheese with lettuce Tomato on a Kaiser roll	D	Chicken Caesar salad Ham & cheese with lettuce & Tomato on a Kaiser roll	D	Ham & cheese with lettuce & Tomato on a Kaiser roll				

Parent FYI
Board
Student
account
questions?

School 1 585-4626
School 2 585-4715
School 3 585-4642
School 4 585-4793

Daily milk
choices: Skim, 1%
/ 1% Chocolate

Choice of
fruit offered
daily

Crackers
offered daily

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Chartwells encourages parents to log onto www.payforit.net to view your child's account activity or to make deposits.