Ft Lee Café Menu – February 2012
Elementary Schools 1 & 3 and F L E C C

Monday	Tuesday	Wednesday	Thursday	Friday
		1 A Roast turkey on a bun Whipped potatoes & gravy B Bagel bag lunch w/ cream Cheese & cheddar wedge C Chicken popper salad B Ham & cheese with lettuce & Tomato on a Kaiser roll	2 A Chicken nuggets Carrots White or wheat bread B Tuna salad on wheat bun C Tomato bruschetta salad D Ham & cheese with lettuce & Tomato on a Kaiser roll	3 A Pizza Nova Pizza Carrot coins B Egg salad on a bun C Cottage cheese & fruit salad D Ham & cheese with lettuce & Tomato on a Kaiser roll
6 A Chicken fajita Mixed vegetables B Italian hero C Chicken Caesar salad D Ham & cheese with lettuce Tomato on a Kaiser roll	7 A Pasta w/ Italian meat sauce Green beans White or wheat bread B Salami on wheat C Yogurt salad platter D Ham & cheese with lettuce & Tomato on a Kaiser roll	8 A Hamburger on a bun Tater tots B Turkey bologna on a bun C Chicken popper salad D Ham & cheese with lettuce & Tomato on a Kaiser roll	9 A French toast sticks , syrup Egg patty & tater tots B Turkey bologna on a bun C Mandarin chicken salad D Ham & cheese with lettuce & Tomato on a Kaiser roll	10 A Pizza Nova Pizza Celery sticks B Tuna salad on wheat wrap C Veggie & cheese salad D Ham & cheese with lettuce & Tomato on a kaiser roll
13 A Beef soft taco , corn Cheese & salsa B Italian hero C Chicken Caesar salad D Ham & cheese with lettuce Tomato on a Kaiser roll	14 A Baked ziti , peas Dinner roll B Italian hero C Chicken popper salad D Ham & cheese with lettuce & Tomato on a Kaiser roll	15 A Turkey hot dog on a bun Cucumber salad B Turkey on a bun C Mandarin chicken salad D Ham & cheese w/ lettuce & Tomato on a Kaiser roll	16 A Chicken nuggets Carrots White or wheat bread B Salami on a bun C Catalina roast turkey salad D Ham & cheese with lettuce & Tomato on a Kaiser roll	17 A Pizza Nova Pizza Tossed salad B Egg salad on a bun C Cottage cheese & fruit salad D Ham & cheese with lettuce & Tomato on a Kaiser roll
20 Winter Recess	21 Winter Recess	22 Winter Recess	23 Winter Recess	24 Winter Recess
271 A Meatball hero Tater tots B Turkey bologna on a bun C Yogurt salad platter D Ham & cheese with lettuce Tomato on a Kaiser roll	28 A Roast turkey on a bun Whipped potatoes & gravy B Bagel bag lunch w/ cream Cheese & cheddar wedge C Chicken Caesar salad D Ham & cheese with lettuce & Tomato on a Kaiser roll	29 A Chicken enchiladas Corn B Italian hero C Chicken popper salad D Ham & cheese with lettuce & Tomato on a Kaiser roll		

Parent FYI Board

Student account questions?
School 1 585-4626
School 2 585-4715
School 3 585-4642
School 4 585-4793

Daily milk choices: Skim, 1% / 1% Chocolate

Choice of fruit offered daily

Crackers offered daily

Want more info? Visit our website www.eatlearnlive.com To sign up for our parent e-newsletter

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Chartwells encourages parents to log onto www.payforit.net to view your child's account activity or to make deposits.