

High School Lunch \$2.35
 Middle School Lunch \$2.10
 Milk \$0.45
 Adult Lunch \$3.25



Middle Schools
 Fall 2011

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken cutlet parmesan spaghetti, cheese breadsticks italian squash fat free milk	Taco Bar Soft tacos shredded chicken or beef refried beans, mexican rice assorted fresh fruits & vegetables fat free milk	Fried chicken macaroni & cheese glazed carrots, corn bread fat free milk	Fruit filled french toast scrambled eggs, sausage hash browns fat free milk	Baked potato bar broccoli with cheese sauce bread pudding fat free milk
	Pepperoni pizza Cheese pizza Cheese toast w/dipping sauce assorted fresh fruits & vegetables fat free milk	Hawaiian pizza Cheese pizza BBQ chicken hot pocket assorted fresh fruits & vegetables fat free milk	Garlic Chicken pizza Cheese pizza Grilled cheese sandwich assorted fresh fruits & vegetables fat free milk	Meatball pizza Cheese pizza Meatball sub sandwich assorted fresh fruits & vegetables fat free milk	Buffalo style chicken pizza Cheese pizza Buffalo chicken sandwich assorted fresh fruits & vegetables fat free milk
	Chicken strips, hamburger chicken sandwich assorted fresh fruits & vegetables fat free milk	Chicken strips, hamburger chicken sandwich assorted fresh fruits & vegetables fat free milk	Chicken strips, hamburger chicken sandwich assorted fresh fruits & vegetables fat free milk	Chicken strips, hamburger chicken sandwich assorted fresh fruits & vegetables fat free milk	Chicken strips, hamburger chicken sandwich assorted fresh fruits & vegetables fat free milk
	Action Station Prepared to order Stir Fry assorted fresh fruits & vegetables fat free milk	Action Station Prepared to order Pasta assorted fresh fruits & vegetables fat free milk	Action Station Prepared to order Stir Fry assorted fresh fruits & vegetables fat free milk	Action Station Prepared to order Pasta assorted fresh fruits & vegetables fat free milk	Action Station Prepared to order Stir Fry assorted fresh fruits & vegetables fat free milk
\$.99 Daily Special	Blue Monday Cheese toast w/dipping sauce assorted fresh fruits & vegetables fat free milk	Twisted Tuesday Soft taco rice & beans assorted fresh fruits & vegetables fat free milk	Weird Wednesday Grilled cheese sandwich assorted fresh fruits & vegetables fat free milk	Thrifty Thursday Meatball sub sandwich assorted fresh fruits & vegetables fat free milk	Frugal Friday Buffalo chicken sandwich assorted fresh fruits & vegetables fat free milk
	Chicken Caesar Salad cheese toast strips assorted fresh fruits & vegetables fat free milk	Chicken Taco Salad assorted fresh fruits & vegetables fat free milk	Traditional Chef's Salad w/thousand island dressing wheat roll assorted fresh fruits & vegetables fat free milk	Oriental chicken salad w/fortune cookie assorted fresh fruits & vegetables fat free milk	Italian salad with garlic toast assorted fresh fruits & vegetables fat free milk
	Custom 6 inch and Footlong Subs made to order with only the freshest ingredients on a variety of breads	Custom 6 inch and Footlong Subs made to order with only the freshest ingredients on a variety of breads	Custom 6 inch and Footlong Subs made to order with only the freshest ingredients on a variety of breads	Custom 6 inch and Footlong Subs made to order with only the freshest ingredients on a variety of breads	Custom 6 inch and Footlong Subs made to order with only the freshest ingredients on a variety of breads