

## Barnstable Elementary Schools March 2010

If you have any questions, please call the Director of Dining Services: Susan Murray 508-778-0563

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1</b>  Nachos (Beef & Bean) w/Cheese Sauce Peas Fruit Cocktail	<b>2</b> Popcorn Chicken Mashed Potato w/Gravy Seasoned Corn Whole Wheat Dinner Roll Birthday Cake <b>Dr. Seuss's Birthday</b>	<b>3</b> American Chop Suey Seasoned Carrots Cheesy Garlic Toast Strawberry Cup	<b>4</b>  Sloppy Joe on a Whole Wheat Bun Mexican Corn Pears	<b>5</b>  Pizzeria Pizza 🍷 Pepperoni or Cheese Seasoned Corn Fresh Apple Graham Crackers
<b>Weekly Alternates:</b> Bologna & Cheese Sandwich on Whole Wheat Bread 🍷 • Tuna Salad on a Salad				
<b>8</b> Italian Meatball Sub Potato Wedges Applesauce Strawberry Shape-up  <b>National Breakfast Week</b>	<b>9</b> Chunky Turkey and Gravy Mashed Potato Whole Wheat Dinner Roll Seasoned Peas Cranberry Sauce  <b>National Breakfast Week</b>	<b>10</b>  Pasta w/Italian Meat Sauce Garlic Toast Peas Jell-O w/Mixed Fruit  <b>National Breakfast Week</b>	<b>11</b>  Chicken Nugget Taco Corn Orange  <b>National Breakfast Week</b>	<b>12</b> Pizzeria Pizza 🍷 Pepperoni or Cheese Green Bean Salad Peaches  <b>National Breakfast Week</b>
<b>Weekly Alternates:</b> Tuna Salad Sandwich on Whole Wheat Bread 🍷 • Breakfast Bagel Fun Lunch 🍷				
<b>15</b> Chicken Pot Pie over Rice Seasoned Corn Peaches Apple/Blueberry Crisp	<b>16</b> Grilled Cheese Sandwich on Whole Wheat Bread Tomato Soup Carrot/Celery Sticks Ranch Dressing	<b>17</b>  Spaghetti & Meat Sauce Garlic Bread Mixed Veggies Peaches Jell-O w/Mixed Fruit	<b>18</b>  Turkey Hot Dog on a Whole Wheat Bun Potato Wedges Peas & Carrots Apple Sauce	<b>19</b> Pizzeria Pizza 🍷 Pepperoni or Cheese Pasta Salad with Vegetables Cinnamon Pears
<b>Weekly Alternates:</b> Junior Ham & Cheese Sub 🍷 • Chicken Caesar Salad 🍷				
<b>22</b>  Corn Dog Nuggets Seasoned Peas & Carrots Applesauce	<b>23</b>  Hamburger on a Whole Wheat Bun Corn Tossed Salad w/Light Dressing Diced Pears	<b>24</b> Baked Mac & Cheese Pretzel Seasoned Green Beans Rosy Apple Sauce	<b>25</b>  Whole Grain Chicken Patty on a Whole Wheat Bun Lettuce & Tomato Ketchup Fresh Orange	<b>26</b> Pizzeria Pizza 🍷 Pepperoni or Cheese Caesar Salad w/Dressing Apple
<b>Weekly Alternates:</b> Turkey & Cheese Sandwich on Whole Wheat Bread 🍷 • Chef Salad 🍷				
<b>29</b> Popcorn Chicken Baked Potato Wedges Seasoned Carrots Whole Wheat Dinner Roll Peaches	<b>30</b> Roasted Turkey Dinner Mashed Potato w/Gravy Seasoned Peas Cranberry Sauce Whole Wheat Dinner Roll Apple Crisp	<b>31</b> Pasta w/Italian Meat Balls & Sauce Garlic Toast Seasoned Green Beans Chilled Peaches	<b>Free Lunch = Free Breakfast</b>  <b>Reduced Lunch \$.40 = Reduced Breakfast \$.30</b>  <b>Paid Lunch \$2.00 = Paid Breakfast \$1.00</b>	<b>OFFERED DAILY</b>  Peanut Butter & Jelly Sandwiches <small>*Sunflower Butter is offered in all schools</small>
<b>Weekly Alternates:</b> Bologna & Cheese Sandwich on Whole Wheat Bread 🍷 • Tuna Salad on a Salad				

\* Menus subject to change

**Meal Price: \$2.00**

**All meals are served with a choice of milk (Low fat, coffee or chocolate). Side dishes, such as fruit (fresh or chilled) and vegetables are available daily with the meal.**

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